**CHAPTER I**

**INTRODUCTION**

1. **Background of the Problem**

For years, people live closely with literature; kids are introduced to fairy tales, and as they are growing up, they either look for knowledge, entertainment and consolation within various kinds of literature or let their ideas out into a literature. Pickering and Hoeper says that the creation of literature is a human activity that is unique, as it is born from human’s timeless desire to understand, express and share their experience. Literature is a form of translation of human consciousness and imagination by using language as a medium (Pickering and Hoeper, 1981:1). In short, the literature contains parts of human’s mind and ideas about things people experience. It also exhibits human’s feeling. One of the example is depression.

Depression refers *a mood disorder marked especially by sadness, inactivity, difficulty in thinking and concentration, a significant increase or decrease in appetite and time spent sleeping, feelings of dejection and hopelessness, and sometimes suicidal tendencies.* (*depression*, [www.merriam-webster.com](http://www.merriam-webster.com)). In laboratory studies, clinically depressed people have shown preferential attention to sad faces, adjectives, and emotion words. (Journal of Counseling Psychology © 2009 American Psychological Association 2009, Vol. 56, No. 2, 289 –300). There are several kinds of depression, one of them is situational depression. The term “situational depression” refers to patients in whom depressive symptoms develop after an event that seems likely to have contributed to the appearance of the episode at that time. (Journal of the American Academy of Child Psychiatry, 22, 1:52-58, 1983). Lately, many theories about it appear. One of them is formulated by Martin Seligman. His theory is not only about what is depression, but it looks at the motives behind it. He introduce depression is a mood disorder which prevents individuals from leading a normal life, at work socially or within their family. Seligman (1973) referred to depression as the ‘common cold’ of psychiatry because of its frequency of diagnosis. It is usually quite easy to see when someone is depressed. (<https://www.simplypsychology.org/depression.html>, 2015). This expression of depression is reflected in various fictional literature. One of them is novel entitled *Every Last Lie*.

*Every Last Lie* is another exhilarating thriller as a widow’s pursuit of the truth leads her to the darkest corners of the psyche. Clara Solberg’s world shatters when her husband and their four year old daughter are in a car crash, killing Nick while Maisie is remarkably unharmed. The crash is ruled an accident. Until the coming days, when Maisie starts having night terrors that make Clara question what really happened on that fateful afternoon. Tormented by grief and her obsession that Nick’s death is far more than just an accident, Clara is plunged into a desperate hunt for the truth. Clara will stop at nothing to find out and the truth is only the beginning of this twisted tale of secrets and deceit. In the alternating perspectives of Clara’s investigation and Nick’s last months leading up to the crash, master of suspense Mary Kubica weaves her most chilling thriller to date. One that explores the dark recesses of a mind plagued by grief and shows that some secrets may be better leave bury.

Since Nick’s death, Clara always finds anomalies in her day. Nick’s lies are revealed one by one, which brings her to a prolonged depression. Unbeknownst to her, Nick had sacked his co-worker as well as his best friend Connor. Other lies are increasingly revealed after Nick’s death. Clara who have been believing him very much do not think that her husband keep a lot of lies from her. Nick also hide his encounter with another woman, who have his close friend during High School. Nick want to tell Clara about it, but he never do until he die. Then it is also known by Clara after Nick’s death. It makes Clara increasingly mindful that her husband do not love her and has lied to her a lot. But actually a lie done by Nick to protect Clara. Nick do not want to hurt Clara because he loves her so much. Clara still doubts police information that her husband die just because of his own negligence. She finds out the truth about her husband’s death. What she get is just unwarranted assumptions. It brings her to the depths of depression.

Since the beginning of the story, some characters point out the importance of honesty in a relationship. For example, how loyal Nick to his wife, because he always tries to keep nothing from Clara. At a glance, it seems to reflect the situational depression. Yet, those parts of the story still need to be looked even deeper. I am interested to analyze about situational depression in this novel, because I want to know the relation between the death of Nick and Clara Solberg’s situational depression. Therefore, this study will present deeper analysis about the situational depression in this novel.

1. **Identification of the Problems**

Based on the explanation above, the identified problems are Nick’s lies, Clara’s obsession, Clara’s anxiety, Nick’s death instincts, and Clara’s situational depression that are caused by the death of Nick Solberg. Although, I just want to research about Clara Solberg’s situational depression. Therefore, I assume that Clara Solberg suffers from situational depression in Mary Kubica’s Novel *Every Last Lie*.

1. **The Limitation of the Problems**

According to the identification of the problems above, the problems of this research are limited to Clara Solberg’s situational depression. The applied concepts are through intrinsic approaches, such as showing and telling method, characterization, plot, and setting, as well as an extrinsic approach which is psychological, situational depression.

1. **The Formulation of the Problems**

Based on the limitation of the problems above, the problems in this research can be formulated accordingly to prove Clara Solberg’s situational depression in Mary Kubica’s Novel *Every Last Lie*, which become the assumption of this research. Therefore, the problems in this research are formulated as follows.

What are the characterizations through telling and showing method?

What are the setting and plot of this novel?

What are the reflections of situational depression through characterizations, setting, and plot?

What does the theme reinforce through the intrinsic approaches and extrinsic approaches from this novel?

1. **The Objectives of the Research**

Based on the formulation of the problem above, the objective of this research is to prove the assumption that Clara Solberg has situational depression in Mary Kubica’s Novel *Every Last Lie*. In order to achieve that objective, the steps which are supposed to be done in this research are as follows:

To analyze the characterizations through telling and showing method.

To analyze the setting and plot of this novel.

To analyze Clara Solberg’s situational depression through characterizations, setting, and plot.

To reinforce the theme by using the intrinsic approaches and extrinsic approaches.

1. **Methods of the Research**

This research is conducted by using qualitative method. Based on Sangadji and Sopah, penelitian kualitatif adalah penelitian yang datanya dinyatakan dalam bentuk verbal dan dianalisis tanpa menggunakan teknik statistik (Sangadji and Sopiah, 2010:26). (My translation is, qualitative method is the research that uses the verbal datum, and it can be analyzed without using statistical technique). I use qualitative method because I take a novel as my main research and its quotations become the samples of my research. I use the purposive sample. Based on Sangadji and Sopah, sampel bertujuan atau *purposive sample* bertujuan mengambil subjek atas dasar adanya tujuan tertentu (Sangadji and Sopiah, 2010:181). (My translation is, purposive sample is intend to take the subject on the basis of a certain purpose). This research is the kind of the literature research, the feature of interpretative research and analysis by using collecting datum which are in the form of novel entitled *Every Last Lie* as the primary resource and other related and supportive literatures as the secondary resources. The instrument that determines the success of the results of this research is writer itself as a researcher. The writer itself as the person who collects the data such as journal and the novel. I use the theory of characterization, plot, and setting, to analyze the novel through the intrinsic approach, and theory of situational depression to analyze the novel through the extrinsic approach.

1. **Benefit of the Research**

This research is expected to provide benefits for them who are interested in learning and obtaining a deep understanding about the novel *Every Last Lie*, because it is done through a new perspective, that is using psychology as the extrinsic approach, particularly based on theory about situational depression. The result of the research can be used as a reference for other students in Darma Persada University’s Faculty of Letter that intend to analyze the same problems in this research. It is also useful for people who want to know about situational depression, common reader, and knowledge.

1. **The Systematic Organization of the Reasearch**

In accordance to the title of the research above, the order of the presentation is written as follows:

CHAPTER I: INTRODUCTION

It consists of : the background of the problems, identification of the problems, the limitation of the problems, the formulation of the problems, the objectives of the research, the framework of the research, the methods of the research, the systematic organization of the research.

CHAPTER II: FRAMEWORK OF THEORIES

It consists of: intrinsic and extrinsic approaches. Intrinsic approach includes characterization (showing and telling methods), setting and plot. The applied extrinsic approach is psychological approach which includes situational depression.

CHAPTER III: NOVEL *EVERY LAST LIE* THROUGH INTRINSIC APPROACH

It consists of: characterization of the characters, plot, and settings of the novel. The concepts above must appear in the number of sub-chapters.

CHAPTER IV: CLARA SOLBERG’S SITUATIONAL DEPRESSION

It consists of: a brief explanation of this chapter’s content, analysis of the Clara Solberg’s situational depression, and the relation of situational depression with other characters, setting and plot. The concepts above must appear in the number of sub-chapters.

CHAPTER V: CONCLUSION

It consists of: an evaluation from the previous chapters and the implication of the evaluated result.

The chapters above are followed by references, scheme of the research, research poster, curriculum vitae, and other required attachments.