

CHAPTER I

INTRODUCTION

A. Background of The Problem

There are many literature works in this world that can describe concept of love, anxiety, and happiness of the author's life or representative human life today, every literature work has purpose and meaning that the authors want to tell to the reader. One of them is *I Still Love You* published by Jenny Han after she released a new book in 2014 called *To All the Boys I've Loved Before*. Han was born and grew up in [Richmond, Virginia](#) and her has one younger sister. After high school, Han went to college at the [University of North Carolina at Chapel Hill](#), and later she earned her MFA in creative writing at the New School, where she met fellow Young Adult novelists, [Morgan Matson](#), and [Siobhan Vivian](#), the latter of which she would go on to cowrite the Burn for Burn Series with. Han currently lives in [Brooklyn, New York](#). Jenny Han wrote her first published book, *Shug*, while she was in college. *Shug* is about Annemarie Wilcox, a twelve-year-old trying to navigate the perils of junior high school. Her next project was a [trilogy](#) for young adults about a girl's coming of age during summers. The trilogy, which includes [The Summer I Turned Pretty](#), *It's Not Summer Without You* and *We'll Always Have Summer*, quickly became a [New York Times](#) bestseller In 2011, Han began working on a new young adult series with fellow writer [Siobhan Vivian](#) about three high school girls who begin a mission to exact revenge on people who wronged them. She released a new book in 2014 called [To All the Boys I've Loved Before](#), about Lara Jean Song Covey, a half-Korean high school girl whose life turns upside down when the letters she's written to all the boys she's had crushes on get sent out. Han embarked on a national book tour for *To All the Boys I've Loved Before*. The sequel, [P.S. I Still Love You](#), was released on May 26, 2015 and was met with another national book tour. Additionally, the book won the Young Adult 2015-2016 Asian/Pacific American Award for Literature. (kubikelromance.com/2015/10) The novel tells about a girl named Lara Jean who falls in love with Peter, Initially Lara Jean dating Peter to prove to Josh if he did not have the feeling again on his ex-girlfriend, while Peter himself wants to prove to Genevieve that she was able to move on after they broke up. But who would have thought that a relationship that had been pretending to be a reality, they falls in love. Lara Jean still

compares his relationship with Genevieve. Lara Jean should not have compared the relationship to one another, she always thought that Peter still has feelings for his former best friend, she was always suspicious when Peter get a message or a phone call from someone. And then Lara Jean recieved a letter from John Ambrose McClaren, one of the five people she sent a love letter. Lara Jean never imagined that the letter is in the hands of John. They eventually exchanging letters, Lara Jean pleased to be associated with John again, and besides, she also wants to occasionally Peter jealous with her, not only did he find the feeling. When a young man from the past suddenly comes back into her life, a spark that never he felt back in. Can a girl falls in love with two guys at once?

The reason why the writer chooses this novel is the characters of this novel are very representative of teen life today which a lot cases that do research with psychology of literature without knowing the risks of what they are doing also this novel has a conflict on interest to be discussed. In a work of literature, there are few analysys that can be used to examine a literary work. Moreover, this study is expected to be useful for those interested in getting deeper knowledge in analyzing a literary work. This study is expected to be useful because I want to analyze it through intrinsic and extrinsic approaches. Through intrinsic approaches I use characterization, setting, plot, and theme. Through extrinsic approaches I use psychological approaches are love, anxiety, and happiness.

B. Identification of The Problem

Based on the background of the problem above, I identify those problems are Peter is a boyfriend of Lara Jean but still has a relationship with Genevieve and making Lara Jean anxious with him and Lara Jean falls in love with Peter but falls in love too with John, love with two guys at once but ending with happiness. I assume this is the theme of the autobiographical novel: *Love and Anxiety ended in Happiness in Jenny Han's I Still Love You Novel*.

C. Limitation of The Problem

Based on the identification of the problem above, I limit the problem of the research as follows:

Theory and concepts that I will apply as follow:

1. Through intrinsic approach: characterization – showing and telling methods, setting, plot, and theme.

2. Through extrinsic approaches which are the psychology of literature and the psychology of personality: love, anxiety, and happiness.

D. Statement of The Problem

Based on the limitation of the problem above, I state the problem: is the assumption of the theme of this novel which is the concepts of love, anxiety, and happiness on character of Lara Jean in novel *I Still Love You* true? In order to answer this question, I formulate next problems.

1. Can telling method; Characterization through the appearance be used to analyze the characterization?
2. Can showing methods; Location and situation of conversation, through the attitude be used to show the character of Lara Jean's love, anxiety, and happiness?
3. How about the plot and setting?
4. Can theme of this autobiographical novel reinforce through the result be used to analyze the intrinsic and extrinsic approaches?

E. Objective of The Research

Based on the statement of the problem above, I aim to show that the theme of this research is the concepts of love, anxiety, and happiness on character Lara Jean. In order to reach this aim, I make several steps as follow:

1. To analyze characterization through showing and telling methods.
2. To analyze characterization, plot, setting, and theme combine with the concept of love, anxiety, and happiness.
3. To analyze theme through the result of analyze setting, plot, combine with the concepts of love, anxiety, and happiness with characterization, setting, and plot.
4. To analyze theme through the result of analyzing: telling and showing method, setting, and plot that reflect the concepts of love, anxiety, and happiness.

F. Methods of The Research

Based on the objective of the research above, I use qualitative methods. Qualitative methods is a broad term that can be applied to a range of research approaches that have their theoretical origins

in a range of disciplines, include anthropology, sociology, philosophy, social psychology, and linguistics. Although considerable diversity exist in the type of studies that can be described as 'qualitative', it is possible to define a set of core characteristics. Those are study of literature and interpretative character of research or analysis by collecting data which is the literature text of the autobiography entitle *I Still Love You* by Jenny Han as the primary source and it is supported by other literature which relates to the concepts as the secondary source. Those are from several books such as the books entitled Concise Companion to Literature by James H. Pickering and Jeffrey D. Hooper, also from some websites.

G. Benefits of The Research

Based on the methods of the research above, this study is expected to be beneficial for those who are interested in getting deeper knowledge of the novel entitled *I Still Love You* by Jenny Han. This study is expected to be useful because it is done through a new perspective by applying the concepts of love, anxiety, and happiness that included in the field of psychology literature that shown as something new and uncovered for the next study.

H. Systematic Organization of The Research

Based on the benefits of research above, systematic organization of this research is arranged as follows:

CHAPTER I: INTRODUCTION

Consists of: Background of The problem, Identification of The problem, Limitation of The problem, Statement of The problem, Objective of The Research, Methods of The Research, Benefits of The Research, and Systematic Organization of The Research.

CHAPTER II: CONCEPTS AND THEORIES OF PSYCHOLOGICAL APPROACHES

Consists of: The explanation of the concepts and theories. It includes intrinsic and extrinsic approaches. Intrinsic approach are characterization – showing and telling methods, setting, plot, and theme. Through extrinsic

approach, I use theoretical framework – psychological approaches are love, anxiety, and happiness.

CHAPTER III: THE NOVEL *I STILL LOVE YOU* THROUGH INTRINSIC APPROACHES

Consists of: Analysis of characterization through showing and telling methods, analysis of setting and plot through the concepts of setting and plot. The analyses above are shown in some sub-chapters.

CHAPTER IV: THE THEME “LOVE AND ANXIETY ENDED IN HAPPINESS IN JENNY HAN’S *I STILL LOVE YOU* NOVEL”

Consists of: Analysis of the novel which reflects love, anxiety, and happiness. The analyses above are shown in some sub-chapters.

CHAPTER V: CONCLUSION

Consists of the conclusion that prove that the theme of this novel is “Love and Anxiety ended in Happiness in Jenny Han’s *I Still Love You* Novel”.

Attachment: References and Scheme of the Research.

