

CHAPTER I

INTRODUCTION

1.1. Background of the Problem

Literature is a discipline in which language is used as a medium of expression to interpret man, existence and culture, personality and individual differences, all of which have always been studied and discussed by writers, philosophers, artists, psychologists, and psychiatrists.

There is a very strong correlation between literature and psychology for the fact that both of them deal with human beings and their reactions, perceptions of the world, miseries, wishes, desires, fears, conflicts, and reconciliations; individual and social concerns, by means of varied concepts, methods, and approaches.

The following creative project defends that, whether intentionally or not, mental illness and substance abuse are inevitably romanticized in young adult media and discusses the dangers of this romanticization. This project is divided into three parts. The first part consists of psychological evaluations of the main characters of two popular, contemporary forms of young adult media, *Catcher in the Rye* by J.D Salinger and *Euphoria* by Sam Levinson.

We are introduced to our main character, a young adult named Riley. We see her struggling with intense feelings of anxiety and depression, caused by a lifelong battle with neurotic anxiety. She is constantly on edge, plagued by feelings of insecurity and self-doubt. Her thoughts race and she is unable to relax or focus on anything for long periods of time. She is also deeply depressed, feeling a sense of hopelessness and helplessness that she cannot shake. Throughout the film, we will see how these struggles impact her relationships, her ability to function in her daily life, and her overall well-being.

Neurotic anxiety, also known as psychic anxiety, is a type of anxiety that is characterized by excessive and unrealistic worry about everyday events or situations. This type of anxiety is different from normal anxiety in that it is not usually caused by a specific event or situation, and it can be difficult to identify the source of the anxiety. The purpose of this study is to investigate the prevalence, causes, and consequences of neurotic anxiety in a sample of adults.

Euphoria brings 21st-century perspectives on mental illness to what is considered high-brow television. In 2019, the television series Euphoria gained popularity among Americans, particularly teenagers, due to its story plot, actors and actresses, and blunt depiction of problems faced by American teenagers. I'll choose this research topic because I'm interested in studying the affection of mental illness and how to manage it because there are a lot of people who struggle with this kind of issues and most of them choose to commit suicide. To be honest, I'm one of those people who has anxiety and depression and I've been struggle for almost 6 years and now I'm getting better thanks to my therapy.

1.2. Identification of the Problem

Based on the background of problem above, I want to reveal about the type of depression identify that the problem which arises in this series is how this characters manage this problem and make their life better without consuming drugs and how to manage the issues such as anxiety disorder, personality disorder, depression, traumatic stress disorder, and bipolar theorizing court by E. Lea Jhonstson, the leading expert in the areas of mental health and criminal law and procedure

1.3. Limitation of the Problem

Based on the identification of the problem above, I limit the research in intrinsic approach characterization while the type of depression became a main plot for the issues and find peace without using drugs that can make her anxiety even worst that results in depression and neddy for drugs. theories used for this research and concepts used for reference in this study are literary approaches using showing methods.

1.4. Formulation of the Problem

Based on the limitation of the problem above, I formulate a research problem are as follows:

1. What is he characterization in the Euphoria movie script?
2. What is the plot and setting in the Euphoria movie script?
3. What is the concepts of psychology of literature through psychoanalysis of Sigmund freud reflected in the “Euphoria series” movie script?
4. How is the elaboration between intrinsic and extrinsic enforce in Euphoria movie script?

1.5. Objective of the Research

Based on the formulation of problem above, the purpose of this study is to achieve “Analysis of mental illness on the main character in *Euphoria* movie script series” this goal the following research stages were carried out :

1. To explain the characterization, I use showing method in Euphoria movie script.
2. To explain the plot and setting in Euphoria movie script.
3. To explain the theme by using the concepts of psychology analysis by Sigmund Freud in Euphoria movie script.
4. To elaborate between intrinsic and extrinsic to prove the theme of this research.

1.6. Benefit of the Research

This research has the benefits in the theoretical and practical fields, and if it possible the result of this research can provide input or partical problem solving for this kind of issues.

By doing this research, I expect to be able to present a useful outcome to the people and students majoring English language and culture to understand and aware about Depression and behave to the people who got mental problems, I expect that the research will be able to help those in the fields mentioned above understanding those issues for the example like in this series so they can understand the context and how to deals with those issues.

1.7. Systematic Organization of the Research

Based on the explanation above, the study of this research uses the paper organization. I am given five a section consisting of five chapters, as follows :

CHAPTER I : INTRODUCTION

It contains Background of the Problem, Identification of the Problem, Limitation of the Problem, Formulation of the Problem, Objectives of the research, Benefits of the Research, Systematic Organization of the Research.

CHAPTER II : FRAMEWORK OF THEORIES

In this chapter consist of:

- A. Psychology Concept
- B. Psychoanalysis Concept
- C. Neurotic Anxiety Concept
- D. Depression Concept
- E. Psychology Literature
- F. Previous Related Studies

CHAPTER III : RESEARCH METHOD

in this chapter the author suggests about the research method carried out by the author in the preparation of the thesis. This chapter consist of:

- A. Time and Location
- B. Research Approach and Method
- C. Research Object and Data
- D. Data Collection Technique
- E. Data Analysis Technique

CHAPTER IV : NEUROTIC ANXIETY CAUSED DEPRESSION ON THE MAIN CHARACTER IN “EUPHORIA” MOVIE SCRIPT.

In this chapter, I analysis and explain the depression of the characters that founded in the story of characters In Euphoria and their phycology. To analyze the mental illness that impact the behaviour of each character with rationalization and projection elements (character, plot, and setting) using showing methods. which contain:

- A. The reflection of Neurotic Anxiety
- B. The reflection of Depression

CHAPTER V : CONCLUSION

It contains an evaluation of the previous chapters and the implications of the research results. The conclusion of the study is open because it is possible that this conclusion can be continued with further research.