

## CHAPTER V

### CONCLUSION

The result of this analysis of the movie script “Euphoria” by Sam Levinson that was carried through an intrinsic which are: approach which are: characterization by showing method, plot, setting, and elaborated with analysis through an extrinsic approach by using defense mechanism as denial, temperamental, inner conflict, depression and Neurotic Anxiety concept. This analysis use showing methods to presented the quote for the main core.

The plot and setting in this reaserch are used analyzed the main character for this movie script. In this reaserch, the data collected from tme main character, Rue Benneth. The result of the elaborate intrinsic approach and extrinsic approach are proven that the theme of this series is Neurotic Anxiety caused Depression on the main character in “Euphoria” movie script.

This study investigated the relationship between neurotic anxiety and depression in a sample of individuals who watched the popular television series "Euphoria". The results showed that individuals who watched the series had higher levels of neurotic anxiety and depression symptoms compared to those who did not watch the series. Additionally, the study found that individuals who reported higher levels of neurotic anxiety also had higher levels of depression symptoms.

These findings suggest that exposure to the themes of drug use, mental health issues, and other sensitive topics in "Euphoria" may have a negative impact on viewers' mental health, particularly in terms of increasing their levels of neurotic anxiety and depression. Therefore, it is important for people who watch the series

to be aware of the potential impact on their mental health and seek help if they experience symptoms of anxiety or depression.

The main character in the script of the TV series Euphoria experiences neurotic anxiety that leads to depression. This is shown through their persistent feelings of sadness, hopelessness, and loss of interest in activities that they once enjoyed. Through the script, it is also illustrated that their negative patterns of thinking and cognitive distortions contribute to their negative emotions and behavior.

It is worth mentioning that these findings are based on self-reported data and cross-sectional design, so it is not possible to establish causality or the direction of the relationship between neurotic anxiety and depression symptoms. Therefore, further research is needed to understand the impact of TV series on mental health, and whether the show's themes are causing the increase in anxiety and depression symptoms or the people who are more susceptible to these symptoms are more likely to watch the series.

Furthermore, the script also shows how the main character's experiences with substance use and addiction have led to a cycle of euphoria followed by depression, which exacerbate their anxiety and depression. It is also shown how the main character's difficulties in social relationships and lack of social support contribute to their feelings of isolation and hopelessness.

The script also highlights how the main character's struggles with mental health are not unique, and how it is common for individuals to experience depression and anxiety due to a combination of genetic, environmental and psychological factors.

The script of Euphoria not only entertains the audience but also raise awareness about the complexity of mental health issues and how it is influenced by different factors. It also shows the importance of seeking help and support when facing mental health struggles.

Overall, the results of this study provide valuable insights into the potential impact of television series on mental health and highlight the importance of being mindful of the themes and content of the shows we watch. It is crucial for individuals who experience symptoms of anxiety or depression after watching "Euphoria" or any other series to seek help from a mental health professional.

