

CHAPTER 1

INTRODUCTION

1.1. Background of the Problem

Trauma is an emotional and psychological stress and generally occurs due to unpleasant events experienced by the sufferer such as sexual harassment, violence by people around him, and so on. Trauma can also be said as mental pain experienced by the sufferer. Trauma can cause physical and psychological damage that brings difficulties to life such as decreased levels of productivity and daily activities for those who suffer from it. They tend to be quiet and stay away from their surroundings. They also avoid social activities because they feel safe by being alone.

Some individuals who had an unpleasant childhood then when the individual grows up later, most likely some of these individuals feel what is called trauma. Childhood experiences or what are known as Adverse Childhood Experiences (ACEs) refer to conditions of prolonged exposure to potentially traumatic events in childhood that may have an immediate or lasting impact on a lifetime. (Putri, 2021). According to Allen as quoted in (Emilia, 2021) trauma is generally caused by an event that is very negative so that it has a long-term impact on the mental and emotional stability of the individual. The source of the trauma can be physical or psychological. Some common traumatic events include sexual abuse, the experience of a natural disaster, a serious illness or accident, the death of a loved one, or witnessing some form of violence, and so on. An individual does not have to be directly and indirectly involved in the event that caused the trauma. This individual may experience trauma when they see or hear bad events from a distance. Many people think that trauma is a trivial thing and is often used as a joke. Whereas the impact of trauma is very severe for a person's character because when the individual grows up, the individual that experience trauma will have difficulty in building relationships with other people.

The impact of traumatized individuals is fundamentally different. It depends on the ability of each individual to form positive and meaningful interpersonal

relationships. For example, a child who experienced a traumatic event in the form of violence by the caregiver or the people around them will view the world as a dangerous place. Therefore, they will tend to be suspicious and some of them even experience paranoia in the people around them and have difficulty forming social or romantic relationships. Trauma can also cause a person to experience *PTSD (Post-Traumatic Stress Disorder)* which causes the suffer to always be haunted by flashbacks, difficulty sleeping, frequent angry outbursts, and feelings of guilt. Even worse, trauma can also cause a person to experience *Dissociative Identity Disorder (DID)*, previously known as *Multiple Personality Disorder (MPD)*. Where the suffer becomes like having one or two or even more personalities.

Recently, trauma has been represented in several literary works such as novels, dramas, short stories, short films, movies, movie scripts, and so on. One example is the movie script. The movie script itself is a blueprint written or created for the purposes of feature films, TV shows, etc. The script usually includes the character's actions, dialogues and movements performed by the characters, as well as the direction of the stage. (Studiobinder, 2021). One of the movie scripts that represent trauma that caused several psychiatric disorders is the movie script from the film *Sightless (2020)* by Cooper Karl.

Sightless is originally a short film written and directed by the same person, Cooper Karl. Because the short film *Sightless* has a large enough audience and also viewers, then Cooper Karl adapted the short film into a film with a duration of 1 hour 29 minutes. The film, which released in 2020, became a huge hit and was in high demand, reaching #3 in the World on Netflix during its premiere weekend and a top #10 film on Netflix for January 2021. (Source from <https://www.cooperkarl.com/sightless>).

Sightless (2020) itself tells the story of a young woman who is a violinist starring Madelaine Petsch, who plays as Ellen Ashland, becomes blind due to an attack by an unknown person. The unknown person intentionally sprayed a liquid which is believed to contain a chemical substance that caused Ellen Ashland to experience blindness which was diagnosed as most likely incurable.

After an attacked that left her blind, Ellen Ashland withdrew from the world to recover. Ellen was cared for by a caregiver who was believed to be her brother's

choice, Clayton. Ellen plunged into paranoia. She also often feels scared and becomes sensitive to any sound. But because she felt that she had Clayton by her side, and accompanied her, Ellen slowly had the desire to recover quickly. But during her recovery, Ellen felt something odd. At first, she felt the oddity came from her neighbours. Because she felt there was something strange about her neighbour. But Ellen's instinct was wrong, the oddity turned out to be from her caregiver, Clayton. It started when Ellen who was frustrated because she felt that everyone didn't believe what she said and she wanted to commit suicide. But when Ellen tried to commit suicide, by jumping from the window, she believed that the place was an apartment, it turned out to be wrong. Because when Ellen woke up, she found herself falling in a place that had a lot of noise, a lot of sounds like the car alarm she used to hear at 11 am. And a wall that looks like a sound tap has been installed.

Based on what I have describe above, I would like to analyze more deeply about the psychological problems of the characters contained in the movie script *Sightless (2020)* directed by Cooper Karl by using the psychoanalytic approach through the theory proposed by Sigmund Freud.

1.2. Identification of the Problem

The existence of problems in movie script *Sightless (2020)* makes me want to do more in-depth research on the psychological problems represented in this movie script. Based on the background of the problem above, I identify the problems in this research. There are, the existence of violence, trauma, and having *Dissociative Identity Disorder (DID)* experienced by the main character in *Sightless (2020)* movie script.

1.3. Limitation of the Problem

Limitation of the problem is accomplished so that I can be more focused on only a few problems. So that the discussion of this research does not stray anywhere. Based on the identification of the problems above, I limit my research to analyzing the psychological problems experienced by the main character represented in the

movie script *Sightless (2020)*, where the trauma that experienced by the character caused *Dissociative Identity Disorder (DID)*.

1.4. Formulation of the Problem

The formulation of the problem that will be made by me aims to focus the research to avoid the focus of the research which may be widespread and not in accordance with the original purpose. The formulation of the problem from the research on the movie script *Sightless (2020)* by Cooper Karl are:

- 1) What is the elaboration between the characterization and the concept of trauma and dissociative identity disorder (*DID*) portrait in *Sightless (2020)* movie script?
- 2) What is the elaboration between the plot, setting and the concept of trauma and dissociative identity disorder (*DID*) portrait in *Sightless (2020)* movie script?

1.5. Objectives of the Research

Based on formulation of the problem above, objectives of the research of the research conducted on the movie script *Sightless (2020)* by Cooper Karl are:

- 1) To explain the elaboration between the plot, setting, and the concept of trauma and dissociative identity disorder (*DID*) happened in *Sightless (2020)* movie script
- 2) To explain the elaboration between the characterization and the concept of trauma and dissociative identity disorder (*DID*) happened in *Sightless (2020)* movie script.

1.6. Benefit of the Research

The benefit of the research is that this can be uses as a refence on learning materials for further researchers on how to analyze movie script by using literary psychological approach, especially by using the theory proposed by Sigmund Freud. This research is also expected to be a lesson for readers who want to understand and know that trauma can cause some several psychiatric disorders

especially in the present time as represented in *Sightless (2020)* movie script by Cooper Karl.

1.7. Systematic Organization of the Research

Systematic organization of the research is the writing framework or structure of this research. The systematic organization of the research which titled *Trauma That Caused Dissociative Identity Disorder in the Main Character in Sightless (2020) Movie Script by Cooper Karl* is as follows:

CHAPTER 1 : INTRODUCTION

This chapter consists of an explanation of background of the research, problem limitations, problem formulation, research objectives, research benefits, and research systematics.

CHAPTER 2 : THEORETICAL FRAMEWORK

This chapter consists of theories related to studies such as the transformation of story aspects and the object of study, namely *Trauma That Caused Dissociative Identity Disorders in the Main Character in Sightless (2020) Movie Script by Cooper Karl*.

CHAPTER 3 : RESEARCH METHOD

This chapter consists of research methods that include research approaches, data sources, and data processing techniques that will be used on my research. As well as research steps that will be explained in a chart.

CHAPTER 4 : ANALYSIS OF TRAUMA THAT CAUSED DISSOCIATIVE IDENTITY DISORDERS OF THE MAIN CHARACTER IN *SIGHTLESS* (2020) MOVIE SCRIPT BY COOPER KARL

This chapter is the core of the whole research. This chapter consists of an analysis of my research object entitled *Trauma That Caused Dissociative Identity Disorders in the Main Character in Sightless (2020) Movie Script by Cooper Karl*.

CHAPTER 5 : CONCLUSION

This chapter compiled and consists of conclusions and suggestions from the research entitled *Trauma That Caused Dissociative Identity Disorders in the Main Character in Sightless (2020) Movie Script by Cooper Karl*. This chapters are also followed by references, scheme of the research, research poster, curriculum vitae, and other required attachment