

CHAPTER 1

INTRODUCTION

1.1 Background of the Research

Knock At The Cabin is a 2023 American apocalyptic psychological horror film written and directed by M. Night Shyamalan which was released on February 1 2023. This movie starred by Ben Aldridge, Jonathan Groff, Kristen Cui, Dave Bautista, and other well-known actors and actresses.

One of M. Night Shyamalan's works that I researched was the movie entitled *Knock At The Cabin*, Adapted from Paul G. Tremblay's "The Cabin at the End of the World," M. Night Shyamalan's "Knock at the Cabin" follows a pretty simple premise that revolves around a gay couple, Eric and Andrew, who have come to spend their vacation in a secluded cabin near a massive lake with their daughter Wen. That's when they are visited by Leonard, Sabrina, Adriane, and Redmond, and they have a proposition for Eric and Andrew. The couple has to make a sacrifice from one of their own family in order to stop the impending apocalypse. There are four intruders. So, they'll be asked to make that choice four times. And every time they refuse to sacrifice, one of the intruders is going to kill themselves and trigger a world-ending event. If the family kills one of their own, the apocalypse will stop. If they don't, the family will be the only surviving species.

The reason I choose to analyze this issue because I am fascinated by how denial manifests in daily life. I want to explore the situations or issues that lead individuals to use denial as a way to protect themselves from difficult feelings or unpleasant facts. Additionally, I am curious about the impact of denial on mental health and its connection to deeper internal conflicts. Through this research, my goal is to contribute to our understanding of this complex defense mechanism and how it influences our interactions with the world around us. I hope this study will offer fresh insights into how we handle emotional challenges and how we can effectively manage defense mechanisms for better mental well-being.

1.2 Identification of the Problem

Based on the background of the problem above, I identifies the problem that occurs in the main character Andrew. Andrew was the only one who thinks rational because he is a human rights lawyer so he is a very denial person, his unwillingness to give up on his family made him denying the truth that happens to him and his family. Therefore, I assume that there's denial as a defense mechanism that can be found through the concepts of literature and psychology.

1.3 Limitation of the Problem

Based on the identification of the problem above, I limit the research problem to the psychological study of the characters Andrew, where Andrew denying the facts and events that happens throughout the movie. I use several theories and concepts such as indirect characterization methods, characterizations, themes, plots, and settings. Through a psychological approach, I use the concepts of denial as defense mechanism.

1.4 Formulation of the Problem

Based on the limitation of the problem above, I identify the research problem as follows:

1. What is the characteristic, plot and setting are presented in *Knock At The Cabin* movie script?
2. How is the denial as defense mechanism of the main character represented in characteristic, plot, and setting on the *Knock At The Cabin* movie script?
3. How is the denial as defense mechanism from the main character reflected through the intrinsic and extrinsic approach in *Knock At The Cabin* movie script?

1.5 Objectives of the Research

Based on the formulation of the research above, I conducted several research stages as follows:

1. To explain the characteristic, plot and setting defense mechanism in *Knock At The Cabin* movie script;

2. To explain denial as defense mechanism of the main character represented in characteristic, plot and setting on *Knock At The Cabin* movie script;
3. To elaborate the reflection of denial as defense mechanism from the main character in *Knock At The Cabin* movie script through intrinsic and extrinsic approach.

1.6 Benefits of the Research

1. The theoretical significance of my research lies in deepening our understanding of denial as a defense mechanism and its impact on individuals' psychological well-being. It contributes to the existing body of knowledge on defense mechanisms, specifically within the framework of psychoanalytic theory. This research provides insights into the complexities of human psychology, the mechanisms individuals employ to cope with challenging situations, and the detrimental effects of denial on personal growth and relationships. It also explores the intersection of denial with societal issues such as hate towards marginalized groups. Overall, this research expands our theoretical understanding and has practical implications for clinical psychology, counseling, and promoting mental well-being.

2. The practical significance of my research is threefold. Firstly, it provides valuable insights for therapists and mental health practitioners to better understand and address denial as a defense mechanism in therapy, leading to more effective interventions and improved client outcomes. Secondly, it raises awareness about societal issues such as hate towards marginalized groups, promoting empathy, tolerance, and inclusivity. Lastly, it encourages personal growth and self-reflection, inspiring individuals to confront their own defense mechanisms and facilitating introspection for enhanced emotional well-being.

1.7 Systematic Organization of the Research

This term paper is arranged in chapters and sub chapters as follows:

CHAPTER 1: INTRODUCTION

This chapter contains Background of the Problem, Identification of the Problem, Limitation of the Problem, Formulation of the Problem, Objectives of the Research, Benefit of the Research, Methods of the Research, and Systematic Organization of the Research.

CHAPTER 2: THEORITICAL FRAMEWORK

This chapter contains Intrinsic, Extrinsic Approach and Previous Related Studies. Intrinsic Approach are Characterization, Plot, and Setting. Extrinsic Approach are Psychology Literature and Sigmund Freud's Psychoanalythic Theory of Denial as Defense Mechanism

CHAPTER 3: RESEARCH METHOD

This chapter the writer suggests about the research method carried out by the author in the preparation of the thesis. This chapter consist of: Time and Location, Research Approach and Method, Research Object and Data, Data Collection Technique and Data Analysis Technique

CHAPTER 4: DENIAL AS DEFENSE MECHANISM ON THE MAIN CHARACTER IN KNOCK AT THE CABIN MOVIE SCRIPT

This chapter consists of a brief explanation about the denial as defense mechanism on the character Andrew in *Knock At The Cabin* movie script with other characters, setting and plot. The concepts above appear in the number of sub-chapters.

CHAPTER 5: CONCLUSION

This chapter consists of an evaluation from the previous chapters and the implication of the evaluated result. The chapters above are followed by references, scheme of the research, research poster, curriculum vitae, and other required attachment

REFERENCES

SCHEME OF THE RESEARCH

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