

**ANXIETY LEADS TO DEFENSE MECHANISM
EXPERIENCED BY GRACE AS THE MAIN CHARACTER
IN *READY OR NOT* MOVIE SCRIPT**

TERM PAPER



**STRATA ONE (S-1) ENGLISH LANGUAGE AND CULTURE
FACULTY OF LANGUAGE AND CULTURE
DARMA PERSADA UNIVERSITY**

2024

INTELLECTUAL PROPERTY STATEMENT PAGE

I hereby declare that the term-paper is the result of my own work and not plagiarism of another work, the contents has become my responsibility. All the sources of my research and quoted or referenced have been stated correctly.

Jakarta, 13 February, 2024

(Materai 10000)





(Indah Wulan Dari)




LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department the term-paper submitted by Indah Wulan Dari entitled Anxiety Leads To Defense Mechanism Experienced By Grace As The Main Character In *Ready Or Not* Movie Script has been approved and forwarded to the English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defense for obtaining *Sarjana Linguistik* (S.Li.) degree to the respective candidate.

Supervisor	Signature	Date
(Agustinus Hariyana, S.S., MSi)		Jakarta, 19 January 2024

Head of English Language and Culture Department	Signature	Date
(Dr. Yoga Pratama, M.Pd)		Jakarta, 19 January 2024

Academic Advisor	Signature	Date
(Syarif Hidayat, S.S., M.Hum)		Jakarta, 19 January 2024

Name : Indah Wulan Dari
Student Number: 2020130003

TERM PAPER VALIDATION

On February 13, 2024, the term paper has been academically tested and defended in front of :

THE BOARD OF EXAMINERS


Ones of whom sit as follow

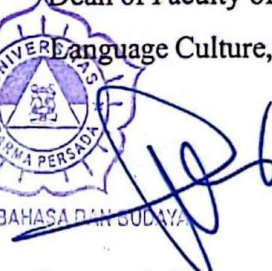
Advisor :
Agustinus Hariyana, SS, MSi

Examiner :
Karina Adinda Sulaemani, S.S, M.A

Head Board of Examiners :
Bambang Trisno Adi, M. HSc. ESL

Legally validated in Jakarta February 23, 2024

Head of English Language
and Culture Department,

Dr. Yoga Pratama, M.Pd

Dean of Faculty of
Language Culture,

Prof. Dr. Eng. Benyamin Kusumoputro, M.Eng.

ACKNOWLEDGEMENT

Praise to Allah SWT for his mercy and blessing, finally I could complete this term paper as planned, which entitled *Anxiety Leads To Defense Mechanism Experienced By Grace As The Main Character In Ready Or Not Movie Script*. This term-paper is submitted to the English Language and Culture, Darma Persada University, as a partial fulfilment of the requirements for obtaining the Strata One (S-1) degree. I would like to present my gratitude towards all parties who have guided and supported me in finishing this term-paper. My gratitude is presented to those who have given their contribution in completion of this term-paper, which listed as follows:

1. Prof.Dr.Eng. Benyamin Kusumoputro, M.Eng. as the Dean of Faculty of Language and Culture.
2. Dr. Yoga Pratama, M.Pd as the Head of English Language and Culture Department.
3. Syarif Hidayat, S.S., M.Hum as an Academic Advisor who is very kind and always supports me.
4. Agustinus Hariyana, SS, MSi as the Advisor for her excellent guidance, advice, patience, caring, and time to help me finish this term-paper.
5. All lecturers of English Language and Culture Department who have given me so much knowledge and experiences. All employees in the faculty environment who always make the campus feel comfortable and safe.
6. My family who always give me a support. Especially my beloved father, Muslimin, and my beloved mother, Junasih, who have fought for everything to ensure that their children receive a higher education.
7. To my grandfathers Alm. Bapak Juman and Alm. Mamo Dulkarim, Not to forget my grandmothers Emih Enok and Mimi Rubiah for their loves.
8. To all friends Ahda, Tias, Tiya, Naya, and Intan who are always a support, always strengthen and help each other in the learning process.

Hereby, this term-paper would not be perfect work without the constructive suggestion and criticism from all readers.

**ANXIETY LEADS TO DEFENSE MECHANISM
EXPERIENCED BY GRACE AS THE MAIN CHARACTER
IN *READY OR NOT* MOVIE SCRIPT**

Indah Wulan Dari
ndhwula.ndr@gmail.com

ABSTRACT

This research aims to analyze anxiety that leads to defense mechanism in a movie script using intrinsic and extrinsic approaches. The intrinsic approach was used to analyze data through; characterization, plot, and setting according to Freytag. Through the extrinsic psychology approach, the research applied the concept of anxiety and defense mechanism according to Sigmund Freud that appear in the movie script. As a literary research, it used qualitative approach, using interpretative of literary texts from the movie script *Ready or Not* by Guy Busick & Ryan Murphy as a primary source and supported by some related previous studies, books, theories, and journals as secondary sources. The result of this research is anxiety leads to defense mechanism. Grace, who married Alex Le Domas because she wanted a complete family, remembers her family's broken past. It turns out that Le Domas' family has a strange tradition that requires anyone who wants to join their family have to play a game in the middle of the night. Therefore, Grace's anxiety increases and leads her to use defense mechanisms and ends in tragedy.

Keywords : Literature, Psychology, Intrinsic, Anxiety, Defense Mechanism.

**ANXIETY LEADS TO DEFENSE MECHANISM
EXPERIENCED BY GRACE AS THE MAIN CHARACTER
IN *READY OR NOT* MOVIE SCRIPT**

Indah Wulan Dari
ndhwula.ndr@gmail.com

ABSTRAK

Penelitian ini bertujuan untuk menganalisis kecemasan yang mengarah pada mekanisme pertahanan dalam sebuah naskah film dengan menggunakan pendekatan intrinsik dan ekstrinsik. Pendekatan intrinsik digunakan untuk menganalisis data melalui; penokohan, alur, dan latar menurut Freytag. Melalui pendekatan psikologi ekstrinsik, penelitian ini menggunakan konsep kecemasan dan mekanisme pertahanan menurut Sigmund Freud yang muncul dalam naskah film. Sebagai sebuah penelitian sastra, penelitian ini menggunakan pendekatan kualitatif, dengan menggunakan interpretasi teks sastra dari naskah film Ready or Not karya Guy Busick & Ryan Murphy sebagai sumber primer dan didukung oleh beberapa penelitian terdahulu yang relevan, buku, teori, dan jurnal sebagai sumber sekunder. Hasil dari penelitian ini adalah kecemasan mengarah pada mekanisme pertahanan. Grace yang menikah dengan Alex Le Domas karena ingin memiliki keluarga yang utuh, teringat akan masa lalu keluarganya yang hancur. Ternyata keluarga Le Domas memiliki tradisi aneh yang mengharuskan siapa saja yang ingin bergabung dengan keluarga mereka harus memainkan sebuah permainan di tengah malam. Oleh karena itu, kecemasan Grace semakin meningkat dan membuatnya menggunakan mekanisme pertahanan dan berakhir dengan tragedi..

Kata kunci: Sastra, Psikologi, Intrinsik, Kecemasan, Mekanisme Pertahanan.

TABLE OF CONTENTS

INTELLECTUAL PROPERTY STATEMENT PAGE	i
LETTER OF APPROVAL	ii
TERM PAPER VALIDATION	iii
ACKNOWLEDGEMENT	iv
ABSTRACT	v
ABSTRAK	vi
TABLE OF CONTENTS	vii
CHAPTER 1 : INTRODUCTION	1
1.1. Background of the problem	1
1.2. Identification of the Problem	2
1.3. Limitation of the Problem	2
1.4. Formulation of the Problem	2
1.5. Objective of the Research	3
1.6. Benefit of the Problem	3
1.7. Systematic Organization of the Research	3
CHAPTER 2 : THEORETICAL FRAMEWORK	5
2.1. Intrinsic Approach	5
2.1.1. Characterization	5
2.1.2. Plot	6
2.1.3. Setting	8
2.2. Extrinsic Approach	10
2.2.1. Psychology	10
2.2.2. Psychology of Literature	10
2.2.3. Anxiety	11
2.2.4. Defense Mechanism	12
2.3. Previous Related Studies	13

CHAPTER 3 : RESEARCH METHOD	14
3.1. Time and Location	14
3.2. Research Approach and Method	14
3.3. Research Object and Data	14
3.4. Data Collection Technique	14
3.5. Data Analysis Technique	15
CHAPTER 4 : ANXIETY LEADS TO DEFENSE MECHANISM EXPERIENCED BY GRACE AS THE MAIN CHARACTER IN <i>READY OR NOT</i> MOVIE SCRIPT	16
4.1. Anxiety in Movie Script	16
4.1.1. Nervous	16
4.1.1.1. Nervous in Characterization	16
4.1.1.2. Nervous in Plot	17
4.1.1.3. Nervous in Setting	19
4.1.2. Panic	20
4.1.2.1. Panic in Characterization	20
4.1.2.2. Panic in Plot	23
4.1.2.3. Panic in Setting	25
4.1.3. Fear	28
4.1.3.1. Fear in Characterization	28
4.1.3.2. Fear in Plot	30
4.1.3.3. Fear in Setting	34
4.2. Defense Mechanism in Movie Script	37
4.2.1. Denial	37
4.2.1.1. Denial in Characterization	37
4.2.1.2. Denial in Plot	37
4.2.1.3. Denial in Setting	39
4.2.2. Intellectualization	40
4.2.2.1. Intellectualization in Characterization	40
4.2.2.2. Intellectualization in Plot	43
4.2.2.3. Intellectualization in Setting	46

4.2.3. Compensation	48
4.2.3.1. Compensation in Characterization	48
4.2.3.2. Compensation in Plot	49
4.2.3.3. Compensation in Setting	53
CHAPTER 5 : CONCLUSION	58
REFERENCES	60
APPENDIX 1 : SCHEME OF THE RESEARCH	62
APPENDIX 2 : POSTER OF THE RESEARCH	63
APPENDIX 3 : PRESENTATION SLIDE	64
APPENDIX 4 : TOEIC CERTIFICATE	66
APPENDIX 5 : CERTIFICATE	67
APPENDIX 6 : TERMPAPAER COUNCELLING FORM	69
APPENDIX 7 : TURNITIN	71
APPENDIX 8 : CURRICULUM VITAE	72

