

CHAPTER 1

INTRODUCTION

1.1. Background of the Problem

Anxiety may result the adaption of defense mechanism, which are unconscious psychological reactions that protect people from anxious feeling and inappropriate emotions. Rationalization, denial, suppression, projection, and eliciting reactions are some typical defense mechanisms employed to manage anxiety.

Recent event that occurs and related to the theme that taken in this research I quoted from Benar News website. In Aceh, students deported Rohingya refugees on December 28, 2023. Several activists and human right observers condemned the action and called on the authorities to guarantee the safety of the refugees. According to Humam, the hostile actions against Rohingya immigrants were the result of propaganda against the refugees. One piece of information circulated states that Rohingya refugees would take over Aceh. This information made the Indonesian people, especially those in Aceh, feel uneasy, so they carried out a self-defense mechanism by rejecting the arrival of Rohingya refugees.

The following two writers who wrote the movie script for the movie *Ready or Not* are often to develop the movie script and produce the horror and thriller movie. Retrieved from IMDb, American screenwriter and producer Guy Busick was born in Grand Island, Nebraska. His work in *Ready or Not* (2019), *Scream* (2022), *Urge* (2016), and *Scream VI* (2023) are well-known. Ryan Patrick Murphy was born in Indianapolis, Indiana, in the United States. He is an American writer, director, and producer who is known for films, including *Ready or Not* (2019), *American Horror Story* (2011), and *Glee* (2009).

In the movie script *Ready or Not*, it tells the story of a person named Grace who is about to marry her boyfriend named Alex Le Domas. Le Domas's family background cannot be compared with her. Le Domas is one of the wealthy and respected family. Grace hopes that by marrying Alex, she will be able to have a

complete and ideal family. Everything changed when the wedding was over. On her wedding night, Grace was asked to follow a tradition in the Le Domas' family that have been passed down from generation to generation. She did not know that her decision to get married would lead her to a disaster.

I have a strong interest in examining this movie script because it explores the psychological challenges of anxiety that often occur in reality. Furthermore, my goal is to help the reader in identifying the specific defense mechanism they would use when confronted with similar situation. I examined this movie script with characterization, plot, setting and extrinsic perspective of anxiety and defense mechanism according to Freud.

1.2. Identification of the Problem

Based on the background of the problem above, I identified it as follows: Grace, the main character in the movie script *Ready or Not* shows a strong will to live. She used a defense mechanism to follow her instincts because she felt anxious about what happen on her wedding night. I assume the theme of this research is “Anxiety Leads to Defense Mechanism Experienced By Grace As The Main Character In *Ready Or Not* Movie Script”

1.3. Limitation of the Problem

Based on the identification of the problem mentioned above, I limit this research to the following problem: ANXIETY LEADS TO DEFENSE MECHANISM EXPERIENCED BY GRACE AS THE MAIN CHARACTER IN *READY OR NOT* MOVIE SCRIPT. I uses a qualitative approach theory that applies psychology of literature analysis in this research. I based my application of psychological concept on the idea of reflected anxiety that leads to self-defense mechanism.

1.4. Formulation of the Problem

I formulate the problem as follows in consideration the following problem limitation above: is it confirmed that the assumption on the theme of this research on the movie script *Ready or Not* is “Anxiety Leads To Defense Mechanism Experienced By Grace As The Main Character” correct? In order to answer this question, I formulate the problem as follows:

1. How could setting, the plot, and characterization contribute to the development of a movie script's theme?
2. In presenting the theme, how to convey the idea of anxiety leading to defense mechanism in movie script?
3. How to develop the theme of *Ready or Not* movie script?

1.5. Objectives of the Research

Based on the problem formulation above, the following are the objectives that I have set for my research:

1. To give an analytical reference on how the main character's anxiety leads to defense mechanism in the movie script *Ready or Not* related to characterization, plot, and setting.
2. To examine the movie script based on the ideas about anxiety and defense mechanism.
3. To explain the movie script *Ready or Not* main character's expression of anxiety that leads to defense mechanism.

1.6. Benefit of the Research

Based on the above research objectives, this research is expected to provide the following benefits:

1. This research is expected to be useful in providing information for students in the field of literature.
2. For students or the reader who are interested in literary of psychology, anxiety, or defense mechanism. This research can be used as reference.
3. It could be helpful to anybody who are trying to expand their understanding about *Ready or Not* movie script.

1.7. Systematic Organization of the Research

Based on the explanation above, the systematic organization of this research is as follows:

CHAPTER 1: INTRODUCTION, includes: background of the problem, identification of the problem, limitation of the problem, formulation of the problem,

objective of the research, benefit of the research, and systematic organization of the research.

CHAPTER 2: THEORITICAL FRAMEWORK, contain several sub-chapters that used the method of analyzing the movie script to explain the concept of characterization, plot, setting, and theme.

CHAPTER 3: RESEARCH METHODS, includes: time and location, research approach and method, research object and data, data collection technique, data analysis technique.

CHAPTER 4: ANXIETY LEADS TO DEFENCE MECHANISM EXPERIENCED BY GRACE THE MAIN CHARACTER IN MOVIE SCRIPT *READY OR NOT*, includes: the analyzing of the movie script through character, plot, setting, and theme analysis.

CHAPTER 5: CONCLUSION, includes: a summary of the research findings' results as well as an evaluation of previous chapters. The study's conclusion remains open in case more research reveals information that could expand upon it.

