

CHAPTER 5

CONCLUSION

Based on the analysis of the *Ready or Not* movie script using the intrinsic approach, which includes characterization, plot, and setting elaborate with extrinsic approach, which draw on anxiety and defense mechanism theory with Sigmund Freud's theory of anxiety leading to defense mechanism is represented in the script for movie *Ready or Not*. The outcome of the intrinsic approach, which I further develop with the extrinsic technique, demonstrates that the research's theme is Anxiety Leads To Defense Mechanism Experienced By Grace As The Main Character In *Ready Or Not* Movie Script

The research results in the previous chapter can be concluded that anxiety and defense mechanisms can be matched with the film script of this story. Anxiety can result from a variety of factors, including social, psychological, and biological factors. To cope with anxiety, individuals may employ various defense mechanisms, which are unconscious processes that help defend against anxiety. I concluded that the main character Grace experienced three types of anxiety in her such as nervous, panic, and fear. She also experienced three types of defense mechanisms in her such as denial, intellectualization, and compensation.

Grace as the main character experiences anxiety after she officially becomes the Le Domas family. Supported by Sigmund Freud's anxiety theory, the reason why she became like that was because her husband's family forced Grace to carry out the traditions of the Le Domas family. They also tried to kill her which led her to a defense mechanism. Based on the psychological theory used in this study, this happens because of psychological strategies that are unconsciously used to protect a person from anxiety arising from unacceptable thoughts or feelings, this relates to Sigmund Freud's theory of defense mechanisms, and is a response to overcome anxiety. Extrinsic elements related to the main character can be seen in the movie script. This can also be seen in characterization, plot, setting and also the relationship with the theory and theme taken for this research.

Grace felt uneasy in this crazy situation. Firstly, her background differs from Alex's and the Le Domas family's. There was also the tradition of Le Domas's

games, which gave Graca an immense amount of anxiety. Grace was forced to play hide-and-seek in that game. Grace is unaware that the Le Domas family needs to eliminate her before sunrise in order to win the game. The fact that Alex attempted to convince her after ultimately betraying her. Grace's anxiousness thus led her to resort to a protective strategy.

The moral of the movie script is that it is very important to always be honest with your partner, and when one is in a relationship or married, communication is the key to success. If communication does not go well, there will be anxiety that arises and makes us unconsciously in a defense mechanism. Communicate with your partner the way you want to be treated. Especially to someone who is married. Always communicate what you want, trust your partner, and never betray them. Anxiety can happen at any time, the attitude needed to overcome anxiety is a self-defense mechanism. That is the moral that can be taken from this research.

On the basis of these findings, additional study might be conducted to examine *Ready or Not* and the movie script using different methods or ideas. Students in the Department of English and Culture may also learn about the psychoanalysis of Sigmund Freud's literary works through this course. To produce a better analysis, you can also refer to this research report. In order to deal with issues in our life and ourselves, this research can also be utilized to identify anxiety and defense mechanisms. Deal with them early to prevent children from developing severe anxiety and to ensure that they have defense mechanisms in place to handle the fear. At the end of the text, Grace uses her anxiety as a self-defense mechanism to survive in a deadly game of hide-and-seek. This signifies that the theme I chose for this research is “Anxiety Leads to Defense Mechanism Experienced By Grace As The Main Character In *Ready Or Not* Movie Script” proven true.