

# CHAPTER 1

## INTRODUCTION

### 1.1 Background of the Problem

Adolescence is a significant transition period between childhood and maturity. We start becoming nervous as if we do not fit in. We get overcome by other people's demands and may even feel embarrassed of ourselves. While dealing with these challenges, a teenager may have failures that lead him or her to engage in negative behaviors such as self-destructing or self-harm. This is accompanied by additional symptoms such as stress, social and emotional anxiety, sadness, and so on, which not only exacerbates the dislike of teenagers but also raises the risk of self-destruction conduct. This was relevant to the father of psychologist Wundt, who argued that psychology was a study of awareness and that qualified observers could properly describe thoughts, sensations, and emotions by a method called introspective. (Kendra Cherry, MEd, 2023)

Research has consistently shown that adolescent self-destruction behavior is a complex and multidimensional phenomenon. (Chan et al., 2009; Joiner et al., 2009; Lewis, Rosenrot, & Santor, 2011; Nock & Mendes, 2008; Randell, Wang, Herting, & Eggert, 2006). Adolescents experience tremendous changes in a variety of systemic contexts and stages, making it challenging. Individual, familial, social (peers, school), and societal (values, culture, policies) modifications are responsible for the majority of these transformations.

Adolescents have a tough time adjusting to these changes, which has a substantial influence on their well-being. When successful adaptation fails, a crisis might occur, resulting in the emergence of more or less temporary maladaptive routes and, eventually, psychopathological symptoms (Soares, 2000). Thus, it is probable to think that self-destruction behaviors hint to a regressive growth path, in which factors arising from various systemic levels and contexts, as well as their interrelationships, might contribute (Van Orden et al, 2010).

As the Sangidu (2004:30) states Literary psychology is described as a field that examines literary works that involve experiences from human life portrayed by fictitious or even real individuals. As a result, certain adolescent experiences will involve worry, which leads to self-destruction problems in their psyche.

As Freud (1933/1964, cited in Feist and Feist 20021, p.38) stated that anxiety was caused by the inner struggle with the /d pulse (usually sexual and aggressive) and defense, as well as the ego and superego. The majority of these impulses pose a hazard to individuals as a result of opposing personal ideals or societal standards. For example, a child's discontent with his parents violates the child's commitment to love his parents. Recognizing his genuine sentiments causes worry for the youngster since it destroys his self-concept as a good child and threatens his authority because he is going to lose parental attention and support. When he is furious with his parents, anxiousness will appear as a warning sign. Freud emphasized the role of anxiety. He identifies three types of anxiousness, they are: realistic anxiety, neurotic anxiety and moral anxiety.

Also As Wolde (2014) stated, Self-destruction behavior is a type of deviant conduct that causes physical injury or damage to one's own body. This inappropriate and risky activity causes bodily harm or even death. Some adolescents exhibit self-destruction behavior as a result of the stress and pressure they experience at school, in their surroundings, and with the people around them.

In the current day and age, numerous stories about adolescent of anxiety leads to self-destruction behavior in a variety of literature, particularly in movie scripts, because they are contemporary text dramas with characters that can be examined using literary psychology. Movies can include genres from written works and other current entertainment fields. In the mid-1920s, cinema studios turned into a factory of distraction, arising from people's thoughts from everyday issues, and became medications to battle frustration, with moral ideals to be provided. (Danesi, 2010). So, I choose this literary works as an analysis by movie script with representing the anxiety leads to self-destruction in the movie script of *Whiplash* by Damien Chazelle.

This movie script tells about the story of a stunt double, named Andrew Neiman. He was in a major year at the Shaffer Conservatory of Music School, which turned out to be the best music school in New York. Thus, Andrew accepted that he would be an outstanding drummer at the school. Andrew's journey to become a drummer in the Studio Band which was under the pressure of

Mr. Fletcher is not easy. Then, there was an inspiration of him that is forcing him to keep playing the drums and face every obstacle.

Based on the description above, I interested in researching the issue of anxiety that leads into self-destruction in the movie script of *Whiplash* because this research sounds rarely of the psychology view. Most of the cause in self-destruction is a depression but in this movie script causes from the fear. This is happened in our generation especially in this era because many of adolescence get a low mentality which they decide to make a self-destruction as a self-defense. Meanwhile, they are who get the goals sometimes they will do anything which is not aware of their mental until they get lost of the self-destruction such as, destruct their self with overload ambition without rest. Also the self-destruction in this movie script is not focusing on the death but on the positive impact as an ambition to get best drummer.

## **1.2 Identification of the problem**

Based on the background of the above problem, the researcher identify some the problems that found on the movie script that the conflicts of Andrew experiences include both internal conflicts, such as abusive method teaching and sacrificing personal relationships for passion, and external conflicts, such as arguments with authority figures and problems with competition and cooperation will appear. Therefore, the movie script accurately portrays the competitive and intense nature of the jazz world and the sacrifices that musicians make to achieve greatness.

## **1.3 Limitation of the Problem**

Based on the identification of the problem above, the researcher limits the research problem to the study of anxiety disorders that leads to self-destruction in the character Andrew Neiman. The theories and concepts used are through literary approaches, methods of point of view, character, plot and setting. Through his extrinsic approach from literary psychology I use the concept of anxiety disorders that result in self-destruction

#### **1.4 Formulation of the Problem**

Based on the limitation of the above problem, the formulation of the research problem is as follows: what is the assumption of the theme of this movie script, a reflection of the concept of anxiety disorders that result in self-destruction? To answer this question, the subsequent formulation of the problem is:

1. How are anxiety and self-destruction reflected in the main character and characterization in Whiplash (2014)?
2. How are anxiety and self-destruction reflected through the plot in Whiplash (2014)?
3. How are anxiety and self-destruction reflected through the setting in Whiplash (2014)?

#### **1.5 Objectives of the Research**

Based on the formulation of the problem above, the purpose of the study is to show that this movie script is a reflection of the concept of anxiety disorders that result in self-destruction in Damien Chazelle's Whiplash movie script. To achieve this goal, the following stages of research are carried out:

1. To analyze how are anxiety and self-destruction reflected in the main character and characterization in Whiplash (2014)
2. To Analyze how are anxiety and self-destruction reflected through the plot in Whiplash (2014)
3. To analyze how are anxiety and self-destruction reflected through the setting in Whiplash (2014)

#### **1.6 Benefit of the Research**

Based on the above, this research is expected to be useful for those who are interested in deepening knowledge about topics related to the issue of Anxiety leads to self-destruction. This research may be useful for those interested in the analysis of literary works using the previously mentioned concepts.

## 1.7 Systematic Organization of the Research

The framework of the term paper writing which titled “An analysis anxiety leads to self-destruction in the main character of movie script *Whiplash 2013* by Damien Chazelle” is as follows:

### **CHAPTER I : INTRODUCTION**

This chapter consists of the research layout such as the background of the problems, identification of the problem, the limitation of the problem, the formulation of the problem, the objectives of the research, methods of the research, benefit of the research, and the systematic organization of the research.

### **CHAPTER II : THEORITICAL FRAMEWORK**

This chapter consists of the experts’ theories Intrinsic Theoretical and Extrinsic Theoretical review through psychological approaches.

### **CHAPTER III : RESEARCH METHOD**

This chapter consists Time and Location, Approach and Research Methods, Research Objects and Data, Data Collection Techniques, Data analysis technique

### **CHAPTER IV :AN ANALYSIS ANXIETY LEADS TO SELF-DESTRUCTION IN THE MAIN CHARACTER OF MOVIE SCRIPT WHIPLASH 2013 BY DAMIEN CHAZELLE**

AN ANALYSIS ANXIETY LEADS TO SELF-DESTRUCTION IN THE MAIN CHARACTER OF MOVIE SCRIPT WHIPLASH 2013 BY DAMIEN CHAZELLE consists: A. Reflection of the Concept of Anxiety, obtained from the link of character analysis results, (setting, and plot). B. Reflection of the Self-Destruction Concept, obtained from the



compliance of the results of character analysis, (setting, and plot). C. "WHIPLASH" Movie Script Theme.

## **CHAPTER V : CONCLUSION**

This chapter consist an evaluation of previous chapters and the implications of the research results that prove the theme of. This analysis is "An analysis anxiety leads to self-destruction in the main character of movie script *Whiplash 2013* by Damien Chazelle"

