

## CHAPTER 5

### CONCLUSION

After analysing the previous chapter, the author found two problems in Nora Seed, the main character of *The Midnight Library* novel, which are the life instinct and the death instinct described from the extrinsic approach of Matt Haig's *The Midnight Library* novel through characterization, plot, and setting. The extrinsic approach in analysing the instinct of life and the instinct of death uses Sigmund Freud's theory. Each depiction of the type of mental disorder and its impact can be seen from the narration and dialog through the novel *The Midnight Library*.

Nora Seed, the main character in *The Midnight Library*, has life instincts, such as the desire to live and develop, to give love to her family, and to help others. However, besides having the instinct of life, Nora also has the instinct of death, so she decides to commit suicide. The setting shows the chronology of the story in the novel and the plot also supports the characterization.

Nora Seed had a lot of problems in her life, such as losing her favourite cat, losing her job, and failing to get married to her boyfriend. Nora felt that every decision she made was a mistake, she could not realize what she dreamed of, and she felt that no one needed her in this world. Therefore, she decided to end her life. Because according to her, death can bring peace to others. Although she has the instinct of death, Nora also has the instinct of life. Like when she was in the midnight library, she was given the opportunity to try life where she had the opportunity to improve her life, because everything will change by traveling through time and entering it so that she can live a life with her own version of herself and she can be happy. Mrs. Elm, a librarian at the Midnight Library, has given Nora the courage to come out of the shadows of her dark past. Ms. Elm's role does not end there. The librarian became a safe place and moral support for Nora when she experienced failures and difficulties. Eventually, Nora can rebuild her life and get back on the right path with Ms. Elm's help.

The results of the analysis of the main character of *The Midnight Library*, Nora Seed, whose name means shining light, reveals the complex relationship between the death instinct and the life instinct. The novel recounts Nora's journey

between two different lives, showing that, although she has a difficult time, there are opportunities for happiness and progress in each different life. It demonstrates the idea that life is a place of infinite learning, and that valuable lessons and positive experiences can be found from every hardship, regardless of the difficult situation. *The Midnight Library* beautifully illustrates the message that finding deeper meaning in life and understanding the value of life as a continuous learning process is something that can be done.

This research provides further insight into the psychology of literature approach by analysing the theory of life instinct and death instinct in the context of literary works. By discussing these ideas, this research shows how complex characters, layouts, and plots are in literary works. It is hoped that the results of this study will not only enhance our understanding of the relationship that exists between psychology and literature, but also provide a basis for further research in this area. By having an integrated approach to psychology into literature that focuses on the theory of internal conflict, this research will allow for further research and a better understanding of the psychological aspects in literary works.