

# CHAPTER 1

## INTRODUCTION

### 1.1. Background of the Problem

We as humans when living life does not often go well, sometimes in some situations things don't go the way we want, so that in the end it can cause us as individuals to become sad, tormented, or become someone who has a feeling of emptiness inside his life. Depression and mental disorders are the two dominant factors that cause a person to commit suicide. In some cases of suicide, intense feelings such as anger, disappointment and panic usually arise even though the person concerned has never received a diagnosis of any mental disorder. So this causes sufferers to want to just end themselves.

The diversity of causes of suicide can be categorized biopsychosocially. Biologically, these people can have physical complaints that make them helpless, such as heart and hormonal problems. Meanwhile, psychologically, the person concerned may have a vulnerability to feeling meaningless. Apart from that, socially, teenagers will enter into peer relationships that feel warm and core. Of course, failure in some of these aspects can make someone feel depressed. Some things such as breaking up with a boyfriend or feeling rejected by a group can make him feel frustrated. Like in the film *A man called otto* which I analyzed, he had a mental disorder such as feeling lonely, no one paid attention to him so he always tried to commit suicide, the reason was because the wife he loved so much left the world. (Unair News, 2023)

I analyze this movie script entitled "A Man Called Otto". To see a reflection of the hardship that a character has in a literary work by analyzing a movie script with a literary study, namely the psychology of literature. Psychology of literature according to Wellek (1949 : 95) suggests that: By "psychology of literature", we mean the psychological study of the writer, as type and as individual, or the study of the creative process, or the study of the psychological types and laws present within the works of literature, or finally, the effects of literature upon its readers. Literary psychology is a literary study that views work as a psychological activity. The author will use creativity, taste, and intention in his work. Through a literary work on a movie script I analyze the life journey of a person who has many problems that make this character really want to end his life, and it can be said that this character has a basic concept of death instinct as in Sigmund Freud's theory.

This is what made me interested in "A man called Otto" movie script, the story is very touching with a lot of inner conflict felt by the main character, namely Otto. Perhaps everyone's first impression when reading the script or watching the film "A man called Otto" is that the character Otto has a stiff, hard-hearted character and is easily angered because he has a short attitude. I analyze the story in "A man called Otto" movie script, in more depth and one by one I discuss the inner conflict felt by the main character in this movie script, namely Otto.

### **1.2. Identification of the Problem**

Based on the background of the problem above, I identify the problem is that the main character in "A Man Called Otto" Movie Script has several hardship in his life, so that in the end the main character in the film wants to hurt or end his life.

### **1.3. Limitation of the Problem**

Based on identification of the problem above, I limit the problem of this research in intrinsic approach ; Characterization, plot, and setting. And through extrinsic approach, using psychological distress and death instinct.

### **1.4. Formulation of the Problem**

Based on the limitation of the problem above, I formulate some of the problems as follows :

1. How is psychological distress revealed in "A Man Called Otto" movie script through character, characterization, plot, and setting?
2. How is death instinct revealed in "A Man Called Otto" movie script through character, characterization, plot, and setting?

### **1.5. Objectives of the Research**

Based on the formulation of the problem above, the objectives of my research are as follows:

1. To explain psychological distress revealed in "A Man Called Otto" movie script through character, characterization, plot, and setting.
2. To Explain death instinct revealed in "A Man Called Otto" movie script through character, characterization, plot, and setting.

## **1.6. Benefit of the Research**

The benefits are expected as theoretical and practical. For theoretical, this research aims to develop knowledge about literature and apply literary theory, in this case psychological distress and death instinct of Otto In “A Man Called Otto” movie script. This research hopefully to be beneficial to increase knowledge and understanding of psychological distress and death instinct of needs theory and it can be applicate to literature for studied development.

For readers, in this case, students, this research intends to help developing new thoughts and perspectives towards the psychology of literature. For practical give benefits for practice problem solving especially about psychology. Also help the students to find reference in the way to do their own research. For the commons, to introduce literature not only as entertaining medium also a moral value that belong it, which many meanings consist on it to give a lesson and reference in purpose of life.

## **1.7. Systematic Organization of the Research**

The Framework of the term paper writing titled “Psychological Distress And Death Instinct Of Otto *In A Man Called Otto* Movie Script” is as follows :

### **CHAPTER I : INTRODUCTION**

This chapter consist of the phases of the research layout, such as the background of the problem, the identification of the problem, the limitation of the problem, the formulation of the problem , the objectives of the research, and the systematic organization of the research.

### **CHAPTER II : THEORITICAL FRAMEWORK**

This chapter consists of the experts theories study which I uses in accordance with the title of the research and to analyse the research data, which are as follows : Characterization, Plot, Setting, Psychology of literature, Psychological distress, Death instinct.

### **CHAPTER III : RESEARCH METHOD**

This chapter consists of the time and place of the research, research approaches and methods, research objects and data, data collection tehniques and data analysis techniques.

## **CHAPTER IV : “PSYCHOLOGICAL DISTRESS AND DEATH INSTINCT OF OTTO IN A *MAN CALLED OTTO* MOVIE SCRIPT”**

This chapter consist of explanation of the findings and analysis of the research based on the formulation of the problem that has been compiled in the first chapter.

## **CHAPTER V : CONCLUSION**

This chapter contains the conclusion of the overall research results. The conclusion is disclosed in a comprehensive, clear, easy to understand and objective manner. This research ends with suggestions that may be carried out by next researchers.

