

**DEPRESSION AND EATING DISORDER IN *THE WHALE*
(2022) MOVIE SCRIPT BY SAMUEL D. HUNTER**

TERM PAPER



By

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2020130055

ENGLISH LANGUAGE AND CULTURE DEPARTMENT

FACULTY OF LANGUAGE AND CULTURE

DARMA PERSADA UNIVERSITY

JAKARTA

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**DEPRESSION AND EATING DISORDER IN *THE WHALE*
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Submitted in part-fulfillment of Requirements for obtaining

Sarjana Linguistik (S.Li) Degree



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INTELLECTUAL PROPERTY STATEMENT PAGE

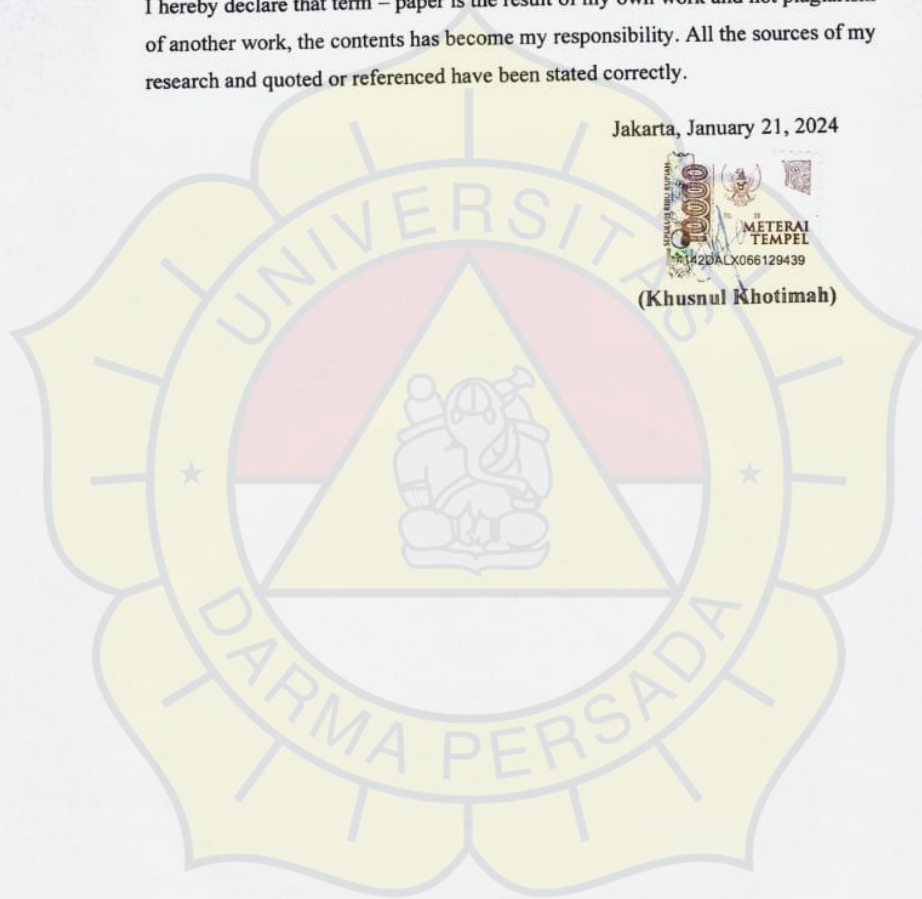
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I hereby declare that term – paper is the result of my own work and not plagiarism of another work, the contents has become my responsibility. All the sources of my research and quoted or referenced have been stated correctly.

Jakarta, January 21, 2024




(Khusnul Khotimah)





LETTER OF APPROVAL

LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department, the term-paper submitted by Khusnul Khotimah entitled "Depression and Eating Disorder in The Whale (2022) Movie Script By Samuel D.Hunter" has been approved and forwarded to the English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defense for obtaining *Sarjana Linguistik* (S.Li.) degree to the respective candidate.

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TERM PAPER VALIDATION

TERM PAPER VALIDATION

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DEPRESSION AND EATING DISORDER IN *THE WHALE* (2022)

MOVIE SCRIPT BY SAMUEL D.HUNTER

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ABSTRACT

This study aims to analyse *The Whale* (2022) movie script's by Samuel D. Hunter using intrinsic and extrinsic approach. The intrinsic approach used is the concept of characterization through showing methode, plot, and setting. Through the extrinsic approaches, it used a psychological approach such as depression and eating disorder. This research used qualitative approaches, the data is use the methode of data collection from the whale (2022) movie script by Samuel D. Hunter as primary and supported by some related previous studies, books, journals, and articles as secondary source. The result of this research are depression made Charlie as the main character to have eating disorder because of losing someone his love by committing suicide and it effect him to vent his depression and sadness into food by eating a lot, and become obese with a body weight reaching around 600 pounds or 272 kilograms. The script of the movie *The Whale* (2022) written by Samuel D. Hunter represents someone experiencing depression due to the loss of someone valuable and loved who turns the depression into an emotional outlet for food by eating a lot as an outlet. The conclusion of this study is how we should handle problems and be able to control emotions thus we will not be controlled by various negative emotions that can make us experience depression and make us too involved in emotions therefore, we could hurt and harm ourselves by carrying out negative actions such as eating too much and become physically and mentally unhealthy.

Keywords: *Psychology, Depression, Eating disorder, Movie Script, Showing Methode*

DEPRESI DAN GANGGUAN MAKAN DALAM NASKAH FILM

THE WHALE (2022) KARYA SAMUEL D. HUNTER

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ABSTRAK

*Penelitian ini bertujuan untuk menganalisis naskah film *The Whale* (2022) karya Samuel D. Hunter dengan menggunakan pendekatan intrinsik dan ekstrinsik. Pendekatan intrinsik yang digunakan adalah konsep penokohan melalui *showing methode*, *plot*, dan *setting*. Melalui pendekatan ekstrinsik menggunakan pendekatan psikologis seperti depresi dan *eating disorder*. Penelitian ini menggunakan pendekatan kualitatif, datanya menggunakan metode pengumpulan data dari naskah film *The Whale* (2022) karya Samuel D. Hunter sebagai sumber primer dan didukung oleh beberapa penelitian terkait sebelumnya, buku, jurnal, dan artikel sebagai sumber sekunder. Hasil dari penelitian ini adalah depresi menjadikan Charlie sebagai pemeran utama mengalami gangguan makan karena kehilangan seseorang yang dicintainya dengan cara bunuh diri dan hal tersebut mengakibatkan ia melampiaskan depresi dan kesedihannya ke dalam makanan dengan cara makan yang banyak, dan menjadi gemuk dengan berat badan yang berlebih. mencapai sekitar 600 pon atau 272 kilogram. Naskah film *The Whale* (2022) yang ditulis oleh Samuel D. Hunter mewakili seseorang yang mengalami depresi karena kehilangan seseorang yang berharga dan dicintai yang mengubah depresi menjadi pelampiasan emosional terhadap makanan dengan makan banyak sebagai pelampiasannya. Kesimpulan dari penelitian ini adalah bagaimana kita harus menangani masalah dan mampu mengendalikan emosi agar kita tidak dikendalikan oleh berbagai emosi negatif yang dapat membuat kita mengalami depresi dan membuat kita terlalu terlibat dalam emosi sehingga kita dapat menyakiti dan merugikan diri sendiri dengan membawa-bawa. menghilangkan tindakan negatif seperti makan terlalu banyak dan menjadi tidak sehat jasmani dan rohani.*

Kata Kunci: Psikologi, Depresi, Eating Disorder, Naskah Film, Metode Showing.

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