

CHAPTER 5

CONCLUSION

After analyzing “The Whale” (2022) movie script by Samuel D. Hunter through the intrinsic and extrinsic approach, by using Pickering and Hooper and psychology approach, the result analysis of the intrinsic approach through the characterization is that dramatic method point of view (showing) is the method that be used to analyze the characterization of the characters in The Whale (2022) movie script by Samuel D.Hunter, by analyzing it with the Pickering and Hooper theory through characterization through the dialogue what is being said, the identify of the speaker and the occasion, and characterization through the action, It can be proven in Charlie character that he has depression and eating disorder that made him overweight with body weight 600 pounds or 272 kilograms.

The result of analyzed using the intrinsic approach and extrinsic approach which consisting of characterization, plot, and setting of the story by using theory Pickering and Hoper, and elaborated with analysis through extrinsic approach by using theory pyschology, and the concept of depression and eating disorder is to prove that the theme of this research is, lost and grief, because the causes death of somone Charlie’s love, his boyfiend Alan, made him sad and sorrow that the emotional he has after losing his boyfiriend became a deep grief for him and venting his grief and lost by eating uncontrolled and being greedy towards food that made him became obese and overweight. that proven theme in this resaerch shows lost and grief.

The connection massage from the writer Samuel D. Hunter and this research, it conclude the lost and the deep grief of Charlie’s emotion after losing his boyfriend by committing suicide, the emotion that packed into the depression, caused the main character Charlie to has an eating disorder, *Binge Eating Disorder* (BED). The deep grief and sadness that Charlie felt made him fix and solve the problems with self - acceptance and start to accept and finds peace and postive

energy through relationship with the most important people around him and has ability to rise and live a life full of hope and forgiveness.

The concept of depression and eating disorder can be used to analyzed The Whale (2022) movie script, by using the theory of Atkinson in Minderop (2010) in depression that consists of the expression of sorrow and despair and concept of eating disorder by using theory of Lestari in Qalbya (2017), that consist the expression of stress and trauma, the result of using the concept of depression and eating disorder to analyzed, it can be seen through Charlie's behavior and action. Charlie's depressed after losing his boyfriend made him become always apologizes without cause and reason because of the long-term despair and sorrow that Charlie felt after the departure of someone his love, the depression that Charlie has turn him into eating a lot to vent his feeling and become obesity, the obesity effect because of the depression, changed him to has personality of shyness to display Charlie's physique, so he just stays at home and does not show his body at all because of his feelings of shame and fear of people thinking that Charlie's physique is disgusting and scary to look at.

The moral value of this research is losing something or someone precious such as the main character Charlie does not justify punishing, hurting and harming ourselves and mentally by venting all forms of anger, annoyance, sadness, depression, despair, by venting all emotions through eating a lot, eating little, hitting, hurting and blaming ourselves for something that has happened. but we must overcome it with a calm and open mind and as much as possible control ourselves not to be taken by uncontrolled emotions. Furthermore, instead of being filled with emotions and negative thinking, it is better to think positively, such as thinking that we are not alone in overcoming all problems, talk about all problems by starting to think about family, friends, parents, partners and the people closest to you, think about whether you are something valuable and people around you who are valuable will also be sad if you continue to experience sadness and depressed.

According to this research, the research might be useful for other researchers who want to do research, especially research about psychology and mental problems such as depression and eating disorder that include binge eating

disorder (BED). This research can also be done use as a comparison to write a better analysis. This research can open a path for someone to understand more deeply about depression and eating disorders. It is also hoped that this research can help someone who experiences psychological events such as depression and eating disorders and and how to solve it.

