

**DEPRESSION LEADS TO DEATH INSTINCT IN ARNOLD  
THOMAS FANNING'S MEMOIR *MIND ON FIRE: A MEMOIR  
OF MADNESS AND RECOVERY***

**TERM PAPER**



**By**

**Riska Oktavia Yuliawati**

**2017130125**

**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE  
DEPARTMENT**

**FACULTY OF LANGUAGE AND CULTURE**

**DARMA PERSADA UNIVERSITY**

**JAKARTA**

**2022**

**DEPRESSION LEADS TO DEATH INSTINCT IN ARNOLD  
THOMAS FANNING'S MEMOIR *MIND ON FIRE: A MEMOIR  
OF MADNESS AND RECOVERY***

**TERM PAPER**

Submitted in part-fulfillment of requirements for obtaining

*Sarjana Linguistik (S. Li) degree*



**By**

**Riska Oktavia Yuliatwati**

**2017130125**

**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE  
DEPARTMENT**

**FACULTY OF LANGUAGE AND CULTURE**

**DARMA PERSADA UNIVERSITY**

**JAKARTA**

**2022**

## INTELLECTUAL PROPERTY STATEMENT

I hereby declare that this term paper is the result of my own work and not plagiarism of another work, the contents has become my responsibility. All the sources of my research and quoted or referred have been stated correctly.

Jakarta, July 21, 2022



Riska Oktavia Yuliatwati

## LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department, the term-paper submitted by Riska Oktavia Yulawati entitled "Depression Leads to Death Instinct" has been approved and forwarded to the English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defence for obtaining *Sarjana Linguistik* (S.Li.) degree to the respective candidate.

**Supervisor**

**Signature**

**Date**

**Dr (Cand). Agustinus  
Hariyana, S. S., M. Si.**

  
.....

Jakarta, 22 July 2022

**Head of English Language**

**and Culture Department**

**Signature**

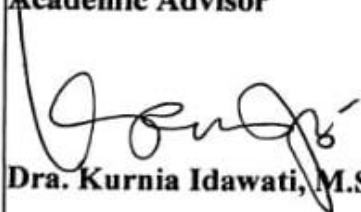
**Date**

**Dr. Yoga Pratama, S.S., M.Pd.**

.....

Jakarta, 22 July 2022

**Academic Advisor**

  
**Dra. Kurnia Idawati, M.Si.**

.....

Jakarta, 22 July 2022

Name : Riska Oktavia Yulawati  
Student Number : 2017130125

## TERM PAPER VALIDATION

On August 4, 2022, the term paper has been academically tested and defended in front of

### THE BOARD OF EXAMINERS

Ones of whom sit as follow

Advisor

: Dr (Cand). Agustinus Hariyana, S.S., M.Si.


Examiner

: Dr (Cand). Syarif Hidayat, S.S., M.Hum.

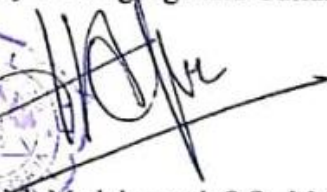
Head Board of Examiners : Alia Afyanti, S.S., M.Pd.

Legally validated in Jakarta, on July 21, 2022.

Head of  
English Language and Culture Department,

  
Dr. Yoga Pratama, S.S., M.Pd.

Dean of  
Faculty of Language and Culture,

  
Dr. Diah Madubrangti, S.S., M.Si.

## ACKNOWLEDGEMENT

Alhamdulillahirobbilalamin, praise be to the Almighty God for His mercy and blessing, Allah Subhanahu Wa Ta'ala, I could finally complete this term-paper well, which entitled Depression that Leads to Death Instinct in Arnold Thomas Fanning Memoir *Mind on Fire: A Memoir of Madness and Recovery*. This term paper is submitted to English Language and Culture, Darma Persada University, as a partial fulfillment of the requirements for obtaining the Strata One (S-1) degree.

I would like to present my gratitude to all parties who have guided and supported me in finishing this term-paper. My gratitude is presented to those who have given their contribution in completion of this term-paper, which is listed as follows:

1. Dr (Cand). Agustinus Hariyana, S. S., M. Si. as the Advisor for his excellent guidance, advice, patience, caring, and time to help me finish this term-paper.
2. Dra. Kurnia Idawati, M.Si. as the academic advisor who has given me guidance during my studies.
3. Dr. Diah Madubrangti, S.S., M.Si. as the Dean of Faculty of Language and Culture.
4. Dr. Yoga Pratama, S.S., M.Pd. as the Head of Faculty of English Language and Culture Department.
5. All lectures of English Department who has given me so much knowledge and experiences throughout my studies.
6. All the staff of Darma Persada University.
7. My whole family, especially my grandma, my parents, my little sister, aunts, uncles and cousins who have always given me their unconditional love, support and prayers. Thank you so much for your affections, advice, guidance, encouragements and support in everything I do. Your love is beyond any words, may Allah SWT always bless you all.
8. My best friends, MORFIM, Marisa, Oktha, Faridah, Ismalia, and Medina, who has always given me happiness and joy throughout our university days

and has inspires me in all aspects in life. May the world always treat you kindly and may Allah bless you all.

9. My special appreciation for my internet friends, Aidah, Ajrina, Ayu, Bainsi, Bunga, Tiffany, Tina, and everyone on the group chat, that has always been there for me throughout everything.
10. Lastly, I would like to thank Seventeen who accompanies me through their artworks, musics, and in everything they do which put so much joy in me.

Hereby, this term paper would not be perfect without the constructive suggestion and criticism from all readers.

Jakarta, 21 July 2022.

The Writer

Riska Oktavia Yuliawati

# **DEPRESSION LEADS TO DEATH INSTINCT IN ARNOLD THOMAS FANNING'S MEMOIR *MIND ON FIRE: A MEMOIR OF MADNESS AND RECOVERY***

Riska Oktavia Yuliawati

## **ABSTRACT**

*This paper will analyzes the memoar using intrinsic and extrinsic approach. Through the intrinsic approach is the concept characterization, setting, and plot. Meanwhile through the extrinsic approach consist of depression and death instinct theory by Sigmund Freud and analyzed through character Arnold. It was conducted that the main character having depression which led him into having death instinct. The approach of the research used qualitative. The research approach method was through the process of knowledge understanding, discovering and reading the literary psichology concepts and methods that applies. The research object and data is the memoir *Mind on Fire: A Memoir of Madness and Discovery*. Data collection technique by reading and understanding the dialogue of the memoir. Data analysis I use by finding fragments of dialogue that show the psychological conditions that applies. This paper aims to reveal that early childhood traumatic events and the lack of emotional support by caregiver tend leads someone to a depressive state that could result in one to have a death wish upon himself. I use depression and death instinc by Sigmund Freud theories to analyze this research.*

*Keywords: Memoir, Mind on Fire: A Memoir of Madness and Recovery, intrinsic approach, Depression, Death Instinct.*



# **DEPRESSION LEADS TO DEATH INSTINCT IN ARNOLD THOMAS FANNING'S MEMOAR *MIND ON FIRE: A MEMOIR OF MADNESS AND RECOVERY***

Riska Oktavia Yuliawati

## **ABSTRAK**

*Penelitian ini akan dianalisis menggunakan pendekatan intrinsik dan ekstrinsik. Melalui pendekatan intrinsik adalah konsep penokohan, setting, dan plot. Sedangkan melalui pendekatan ekstrinsik terdiri dari teori depresi dan insting kematian oleh Sigmund Freud dan dianalisis melalui tokoh Arnold. Hal ini dilakukan bahwa karakter utama mengalami depresi yang membawanya ke dalam naluri kematian yang jelas. Pendekatan penelitian yang digunakan adalah kualitatif. Metode pendekatan penelitian melalui proses pemahaman pengetahuan, penemuan dan pembacaan konsep dan metode psikologi sastra yang berlaku. Objek dan data penelitian adalah novel *Mind on Fire: A Memoir of Madness and Discovery*. Teknik pengumpulan data dengan membaca dan memahami dialog memoar. Analisis data yang saya gunakan dengan mencari penggalan-penggalan dialog yang menunjukkan kondisi psikologis yang berlaku. Tulisan ini bertujuan untuk mengungkap bahwa trauma masa kecil serta kurangnya dukungan emosional dari orang terdekat dapat menyebabkan seseorang memiliki Depresi dan juga menimbulkan Insting Kematian pada dirinya.. Saya menggunakan depresi dan insting kematian oleh teori Sigmund Freud untuk menganalisis penelitian ini.*

*Keywords: Memoar, Mind on Fire A Memoir of Madness and Recovery, pendekatan intrinsik, depresi, naluri kematian.*

## TABLE OF CONTENTS

<b>INTELLECTUAL PROPERTY STATEMENT</b> .....	Error! Bookmark not defined.
<b>LETTER OF APPROVAL</b> .....	Error! Bookmark not defined.
<b>TERM PAPER VALIDATION</b> .....	<b>ii</b>
<b>ACKNOWLEDGEMENT</b> .....	<b>iv</b>
<b>ABSTRACT</b> .....	<b>vi</b>
<b>ABSTRAK</b> .....	<b>vii</b>
<b>TABLE OF CONTENTS</b> .....	<b>viii</b>
<b>CHAPTER 1: INTRODUCTION</b> .....	<b>1</b>
1.1 Background of the Problem .....	1
1.2 Identification of the Problem .....	3
1.3 Limitation of the Problem .....	4
1.4 Formulation of the Problem .....	4
1.5 Objective of the Research .....	5
1.6 Benefit of the Research .....	5
1.7 Systemic Organization of the Research .....	6
<b>CHAPTER 2: THEORITICAL FRAMEWORK</b> .....	<b>8</b>
2.1 Intrinsic Approaches .....	8
2.1.1 Characterization .....	8
2.1.2 Setting .....	11
2.1.3 Plot .....	13
2.1.4 Theme.....	15
2.2 Extrinsic Approach.....	15
2.2.1 Psychology .....	15
2.2.2 Psychology of Literature .....	16
2.2.3 Psychoanalysis .....	16
2.3 Depression.....	17
2.3.1 Types of Depression.....	18
2.3.1.1 Depression with Anxious Distress .....	18

2.3.1.1 Depression with Melancholic Feature .....	18
2.3.1.1 Depression with Seasonal Feature .....	18
2.4 Death Instinct .....	19
2.5 Previous Related Studies.....	21
<b>CHAPTER 3: RESEARCH METHOD .....</b>	<b>23</b>
3.1 Time and Location .....	23
3.2 Research Approach and Method.....	23
3.3 Research Object and Data .....	23
3.4 Data Collection Technique.....	23
3.5 Data Analysis Technique .....	23
<b>CHAPTER 4: DEPRESSION LEADS TO DEATH INSTINCT IN ARNOLD THOMAS FANNING’S MEMOIR MIND ON FIRE: A MEMOIR OF MADNESS AND RECOVERY.....</b>	<b>24</b>
4.1 The Analysis of Mind on Fire: A Memoir of Madness through Intrinsic Approaches.....	24
4.1.1 Characterization Analysis .....	24
4.1.1.1 Arnold Thomas Fanning.....	24
4.1.1.1.1 Aggressive .....	25
4.1.1.1.2 Agitated.....	26
4.1.1.1.3 Pressure .....	26
4.1.1.1.4 Melancholy .....	27
4.1.1.2 Arnold’s father.....	28
4.1.1.2.1 Angry .....	28
4.1.1.2.2 Unappreciated .....	29
4.1.1.2.3 Disrespect.....	29
4.1.1.3 Arnold’s mother.....	30
4.1.1.3.1 Gentle.....	30
4.1.1.3.2 Proudly.....	31
4.1.2 Setting .....	31
4.1.2.1 Setting as Background.....	31

4.1.2.1.1 Setting as Background of Action .....	31
4.1.2.1.2 Setting as Antagonist Analysis .....	34
4.1.2.1.3 Setting as Creating Appropriate Atmosphere .....	34
4.1.2.1.4 Setting as Means of Reinforcing Theme.....	37
4.1.3 Plot .....	40
4.1.3.1 Exposition Analysis .....	39
4.1.3.2 Rising Action Analysis .....	42
4.1.3.3 Crisis Analysis .....	42
4.1.3.4 Falling Action Analysis .....	46
4.1.3.5 Resolution Analysis .....	46
4.1.4 Theme.....	47
4.2 Extrinsic Approach Analysis.....	48
4.2.1 Psychology .....	48
4.2.2 Depression.....	48
4.3 Death Instinct .....	50
4.3.1 Freud Theory of Death Instinct Analysis .....	50
<b>CHAPTER 5: CONCLUSION.....</b>	<b>52</b>
<b>REFERENCES.....</b>	<b>53</b>
<b>APPENDIX 1 SCHEME OF THE RESEARCH .....</b>	<b>58</b>
<b>APPENDIX 2 POSTER OF THE RESEARCH.....</b>	<b>59</b>
<b>APPENDIX 3 PRESENTATION SLIDES .....</b>	<b>60</b>
<b>APPENDIX 4 TOEIC CERTIFICATE .....</b>	<b>62</b>
<b>APPENDIX 5 CERTIFICATES .....</b>	<b>63</b>
<b>APPENDIX 6 TERM-PAPER COUNSELLING FORM</b> Error! Bookmark not defined.	
<b>APPENDIX 7 CURRICULUM VITAE .....</b>	<b>67</b>

