

CHAPTER 5

CONCLUSION

After analysing *Mind on Fire A Memoir of Madness and Recovery* through intrinsic and extrinsic approach, I can conclude “*Mind on Fire: A Memoir of Madness and Recovery* is related to the intrinsic and extrinsic approaches that I analyze. The intrinsic approach as shown through characterizations by first-person participant method and plot, such as exposition, rising action, climax, falling action, and resolution. The last is setting with consistent setting as background of the action, setting as antagonist, setting as means of creating appropriate atmosphere and setting as means of revealing character. The extrinsic approach which is understanding through Freud concept of depression and death instinct.

It was shown that the theme of this novel was related as my assumption in chapter 1 before. Therefore, I managed to analyze it thoroughly with all the theories and concepts applies.

As for the depression, it shown that there were three types of it which experienced by the main character, as showing the feeling of agitated, the feeling of anxious and also the depressional season. Arnold had been experiencing it since the death of his mother.

Meanwhile the death instinct was shown through the id, ego and superego. As of Arnold id having depression therefore he experienced the will to die instead of the will to life, and for the ego it kept thinking of ways to do it and how Arnold gonna carry it out and as of the superego it shown that it failed or repressed as Arnold decided to continue living instead and started to forgive his father and the people around him who have caused great emotional damage on him. As time goes by, Arnold also started to join various creative programme, volunteers, and also started to look for jobs. Though he still diagnosed with several mental illness by the doctor, as this goes by, he felt really happy, content, like how he is supposed to and he found the will to live his life like how he is supposed to.