

CHAPTER 1 INTRODUCTION

1.1 Background of the Problem

Every human being will inevitably go through a phase of sadness. In the real world, sadness often arises as a response to loss, whether it be the loss of a loved one, a relationship, or even hope. Each individual may experience these stages differently, not always in the same order. For example, someone might feel angry before truly accepting the reality of their loss, and sadness can be expressed through various emotional expressions and behaviors. At the denial stage, individuals may try to avoid reality by pretending that nothing is wrong. Anger arises when they feel unfair about the situation, often leading to self-harm or harm to others. Next, in the bargaining stage, individuals try to find ways to change the situation to get back what was lost. Depression occurs when the pain of loss becomes too heavy to bear, often leading to feelings of emptiness and despair. Finally, at the acceptance stage, although the pain still exists, individuals begin to learn to live with the loss and find new meaning in their lives.

The five stages of grief, as proposed by Elisabeth Kübler-Ross in her book *“On Death and Dying”* (1969), provide a system for understanding the emotional responses individuals experience when managing with misfortune. These stages—denial, anger, bargaining, depression, and acceptance—represent a range of feelings that can manifest in different ways. In the movie script, these stages are regularly depicted through characters' activities and feelings, offering audiences relatable experiences of grief. Various movies successfully outline the five stages of grief, providing bits of knowledge into how different characters adapt with sadness. One prominent illustration is *Avengers: Endgame*, which encapsulates these stages through its characters' journeys.

Avengers: Endgame movie script, follows the surviving members of the Avengers as they hook with the consequence of Thanos's snap, which erased half of all life within the universe. The script begins with the heroes in a state of lose hope and hopelessness. They devise a plan to travel back in time to gather the Infinity Stones to reverse Thanos's actions. Throughout their journey, each

character goes up against their grief in unique ways. I hypothesize that each of the main characters in *Avengers: Endgame* goes through five different stages of grief, which represent how people deal with tragedy and loss. The various phases that each character shows highlight the intricacy of human emotions when coping with the death of a loved one.

In addition to action and adventure, this script explores deeply into themes of loss and grief. Every character shows complex emotional journeys that make sense when viewed through a psychological viewpoint. One of the most well-known psychological frameworks for comprehending the grieving process is *Elisabeth Kübler-Ross's* five stages of grief theory. It can be easier to understand how this theory works in both fictional and real-world settings by using a well-known movie like *Avengers: Endgame* as a case study. This study can contribute to increasing understanding of how crucial it is to recognize and process feelings when coping with loss. Audiences may be more able to identify and comprehend the grieving process in their own lives by seeing how these characters deal with their loss. A thorough character analysis is made possible by the fact that each character in *Avengers: Endgame* symbolizes a separate stage of the physiological process. This enables researchers to examine how characters' histories, goals, and relationships affect how they respond to loss.

The reason I intend to analyze this theme is because "Avengers: Endgame" is not only a superhero movie, but also a profound narrative about friendship, sacrifice, and the grieving process. Through the lens of Kübler-Ross theory, we can understand that each character is not only battling an external enemy, but also facing internal conflicts related to loss and acceptance. This provides insight into how movies can reflect the universal human experience of dealing with grief and loss. This research is expected to contribute to film studies and psychology, as well as offer a new perspective on how popular media can be used to understand complex emotions in real life.

1.2 Identification of the Problem

I determine that, based on the problem's context, *Avengers: Endgame* has sketched different emotional issues emerging as part of the consequences of high losses in society due to a critical event. Another major issue is the denial of the fact that half of the world's population has been lost; thus, there is an inability to accept the situation and it drives the avengers to constantly look for ways to fix things. Anger is also a dominant response with many of them feeling frustrated and angry at a situation they cannot control, often leading to destructive actions. Additionally, there is an element of bargaining in which Avengers seek ways for the past to be different in order to get back what they had and lost, while intellectually they understand it may not really be possible. Depression follows in response to a colossal loss that seems to have one stuck in sorrow, with the loss of hope. Finally, acceptance of the process acts as the turning point for some of them, who suddenly seem to wake up to realize that as much as has been taken away, life must go on, and the future needs rebuilding. This film deeply reflects, through the five-stage theory of grief by Kübler-Ross, on the manner in which humans struggle to come to grips with complex emotions when confronted with a common loss and trauma.

1.3 Limitation of the Problem

Based on the identification of the problem, I limit my research on analysing three characters in *Avengers: End Game* including Iron Man, Captain America and Hulk by using an intrinsic approach consisting of characterization, plot, and setting. Although an extrinsic approach using the five stages of grief theory by Kübler-Ross to reveal the stages of the grief of the characters.

1.4 Formulation of the Problem

Based on the limitation of the problem, the formulation of the problem of my research is as follows:

1. How are the five stages of grief portrayed in the character and characterization in *Avengers: End Game* movie script?
2. How are the five stages of grief portrayed in the plot in *Avengers: End Game* movie script?

3. How are the five stages of grief portrayed in the setting in *Avengers: End Game* movie script?

1.5 Objectives of the Research

Based on the formulation of the problem, I intend to show that the theme of this research is the five stages of grief in the Avengers characters. To achieve this goal, I made the following steps:

1. To analyze the five stages of grief portrayed in character and characterization in *Avengers: End Game* movie script.
2. To analyze the five stages of grief portrayed in the plot in *Avengers: End Game* movie script.
3. To analyze the five stages of grief portrayed in the setting in *Avengers: End Game* movie script.

1.6 Benefit of the Research

The benefits of the research are as follows:

1. This research can make it easier for students who are interested in taking up research on the psychology of literature.
2. This research is expected to be useful for students in increasing their knowledge about the psychology of literature, which is the five stages of grief.

1.7 Systematic Organization of the research

The structure of the term papers titled “Five Stages of Grief Found in Avenger Characters in The *Avengers: End Game* Movie Script (2019)” is as follows:

CHAPTER I

: INTRODUCTION

This chapter consists of the phase of the research layout, such as the background of the problem, the identification of the problem, the limitation of the problem, the formulation of the problem, the objectives of the research, the benefit of the research, and the systematic of the research.

CHAPTER II

: THEORETICAL FRAMEWORK

This chapter consists of the experts theories study which I use in accordance with the title of the

research data, which are as follows:
“Characterization”, “Plot”, “Setting”, “Psychology of Literature”, “Five stage of griefs”, “Denial”, “Anger”, “Bargaining”, “Depressed”, and “Acceptance”

CHAPTER III

: RESEARCH METHOD

This chapter is includes research methodologies such as study approaches, time and location, data sources, and data analysis technique

CHAPTER IV

: FIVE STAGES OF GRIEF FOUND IN

AVENGER CHARACTERS IN THE AVANGERS: ENDGAME MOVIE SCRIPT (2019)

This chapter is the core of the whole research. This chapter consists of an analysis of the research object entitled Five Stages of Grief Found in Avenger Characters in The *Avengers: End Game* Movie Script (2019)

CHAPTER V

: CONCLUSION

This chapter is compiled and consists of conclusion and suggestion from the study entitled Five Stages of Grief Found in Avenger Character in The *Avengers: End Game* Movie Script (2019). These chapters are followed by references, scheme of the research, research poster, curriculum vitae, and other required attachments.