

CHAPTER 5

CONCLUSION

From the result of analysis done with both intrinsic and extrinsic approach in the movie script *Avengers: Endgame* by Christopher Markus & Stephen McFeely, I discovered four issues of grieving stages in Iron Man as the focus of this research, which are denial, anger, bargaining, and depression. The issues raised in this research are all related to intrinsic approaches such as characterization, setting and plot. The extrinsic approach used to analyze this research is the Elisabeth Kübler-Ross' stages of grief theory which contains five stages, such as denial, anger, bargaining, depression and acceptance. In this research, I only find four stages of grief in Iron man, and for comparison, I also analyze the Captain America and Hulk characters. Although these three characters deal with the grieving phases in different ways, each shows how the grieving process does not always follow a linear sequence, and how their experiences reflect the complexity of human emotions.

Iron Man is one of the main characters that went through the deep grieving process after he lost his colleagues and then sacrificed himself in the attempt to save the universe. According to Kübler-Ross' theory, he did not get to the stage of acceptance because he died before that happened. The denial stage happened when he first believed the threat of Thanos was not that huge. However, the worse things got, the more he became angry and depressed because of the guilt and responsibility he carried. Iron Man showed that though he was fighting with a wide range of emotions, his inability to achieve acceptance was the key to his final tragedy. The death of this character points out that not everyone can go through the grieving process in the same manner and sometimes the acceptance phase is not reached due to external factors and heavy emotional stress.

However, Captain America experiences the three stages of grief: denial, bargaining, and depression, which determine his decision to go back in time and live a life with his girlfriend, Peggy Carter. This decision reflects an attempt to avoid the harsh reality of losing his colleagues. In this regard, Captain America is trapped in denial and bargaining, hoping that by going back in time, he can right the wrongs and avoid the pain of loss. However, this choice also suggests that he is not fully facing the reality of his loss. Thus, Captain America's experience

illustrates how individuals can choose to move on with life in a way that seems easier, but in the end avoids the grieving process that should be faced.

Moreover, Hulk shows a more complex and non-linear grieving journey. He experiences the acceptance phase first before entering the bargaining and depression stages after losing Natasha Romanoff. In this case, Hulk successfully accepted his identity as Smart Hulk by combining the powers of Bruce Banner and Hulk before feeling the emotional impact of losing Natasha. This process shows that Hulk was able to find strength in acceptance before facing deeper grief. This highlights that the stages of grieving can be varied between individuals and not always follow the sequences set out by Kübler-Ross.

After analyzing this movie script, it can be concluded that while the five stages of grieving theory provides a framework for understanding emotional reactions to loss, individuals' experiences of grieving vary greatly. Iron Man, Captain America, and the Hulk each reflect how the grieving process can be influenced by life choices, past trauma, and the ability to accept reality.

The results of the plot analysis of the characters Iron Man, Captain America, and Hulk regarding the stages of grief in a non-linear flow show that each character has a unique experience in dealing with grief. Furthermore, the setting analysis showed that most of the settings took place in the Avengers Universe, which formed a complex narrative of how the Avengers dealt with grief and loss after the Thanos tragedy. Overall, this grieving process reshapes their identities and enhances their adaptability to difficult situations through the integration of conflicting personality aspects into a harmonious whole-both internally and externally-in an effort to create new solutions to the major problems faced by the Avengers post-Thanos tragedy. This research confirms that an understanding of the stages of grieving must consider the unique context of each individual as well as the complexity of emotions involved in the healing process after loss.

Thus, this research has presented knowledge about the psychological approach to the stages of grief through literary works, so it can be expected that this research can enrich knowledge or be used as a comparison of previous research. In addition, the script of the movie *Avengers: Endgame* movie script that has been

examined through a psychological approach can be re-examined for further research using other literary branches.

