

**EXPLORING IDENTITY FORMATION: A SCRIPT-BASED
ANALYSIS OF MARCIAS'S THEORY IN *INSIDE OUT 2***

TERM PAPER



By

Anggit Kanya Fitria

2021130034

ENGLISH LANGUAGE AND CULTURE DEPARTMENT

FACULTY OF LANGUAGE AND CULTURE

DARMA PERSADA UNIVERSITY

JAKARTA

2025

**EXPLORING IDENTITY FORMATION: A SCRIPT-BASED
ANALYSIS OF MARCIAS'S THEORY IN *INSIDE OUT 2***

TERM PAPER

Submitted in part-fulfillment of requirements for obtaining
Sarjana Linguistik (S.Li.) degree



By

Anggit Kanya Fitria

2021130034

ENGLISH LANGUAGE AND CULTURE DEPARTMENT

FACULTY OF LANGUAGE AND CULTURE

DARMA PERSADA UNIVERSITY

JAKARTA

2025

INTELLECTUAL PROPERTY STATEMENT PAGE

I hereby declare that the term-paper is the result of my own work and not plagiarism of another work, the contents has become my responsibility. All the sources of my research and quoted or referenced have been stated correctly.

Jakarta, January 19, 2025



(Anggit Kanya Fitria)



LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department, the term-paper submitted by Anggit Kanya Fitria entitled “Exploring Identity Formation: A Script-Based Analysis of Marcia’s Theory in *Inside Out 2*” has been approved and forwarded to English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defense for obtaining *Sarjana Linguistik* (S.Li.) degree to the respective candidate.

Supervisor

Signature

Date

(Dr. Yoga Pratama, M.Pd.)



Jakarta, January 17, 2025

**Head of English Language
and Culture Department**

Signature

Date

(Dr. Yoga Pratama, M.Pd.)



Jakarta, January 17, 2025

Academic Advisor

(Alia Afiyati, S.S., M.Pd.)



Jakarta, January 17, 2025

Name

: Anggit Kanya Fitria

Student Number

: 2021130034


TERM PAPER VALIDATION

On February 3rd, 2025, the term paper has been academically tested and defended in front of


THE BOARD OF EXAMINERS

Ones of whom sit as follows


Advisor


Dr. Yoga Pratama, S.S., M.Pd.

Examinator


Syarif Hidayat, S.S., M.Hum..


Head Board of Examiners


Dra. Karina Adinda, M.A.

Legally validated in Jakarta on February 11th, 2025

Head of English Language and
Culture Department

Dean of Faculty of
Language and Culture,


Dr. Yoga Pratama, S.S., M.Pd.


Dr. C. Dewi Hartati, M. Si.

ACKNOWLEDGEMENT

First and foremost, I would like to express my gratitude to Allah SWT for His endless mercy and blessings, which have enabled me to complete this term paper titled “Exploring Identity Formation: A Script-Based Analysis of Marcia’s Theory in *Inside Out 2*”. This term paper is submitted to the English Language and Culture Department at Darma Persada University as a partial requirement for obtaining my Strata One (S-1) degree. I am deeply thankful to all individuals who have guided and supported me throughout the process of writing this term paper. My sincere appreciation goes to everyone who contributed to the completion of this work. I would like to extend my heartfelt thanks to:

1. My family, *Ibu*, *Aa*, and *Enih* for all the prayers, support, and also the serenity that was given when I was in the most difficult phases. This college journey would have been difficult without all the kindness that *Ibu*, *Aa*, and *Enih* gave to me. Also, to my beloved *Ayah* who I believe always prays for the best from up there, although separated by too much distance but still touched in the space of prayer.
2. Dr. C. Dewi Hartati, M.Si, Dean of Faculty and Language Culture.
3. Dr. Yoga Pratama, M.Pd, the Head of the English Language and Culture Department at Darma Persada University, and my supervisor, for his invaluable support, guidance, and encouragement during the completion of this term paper. His insights and patience have been instrumental in my academic journey.
4. Mrs. Alia Afyati, S.S., M.Pd, as an academic advisor who kept helping me with everything related to my studies and also provided guidance during my studies from the first semester to the end of the semester.
5. Dra. Karina Adinda, M.A, as the Head Board of Examiners who give me evaluation so this term paper could be better.
6. Mr. Syarif Hidayat, S.S, M. Hum, as the examiners, your guidance and evaluation is a valuable lesson learned for this term paper.
7. I would like to extend my heartfelt appreciation to the lecturers of Darma Persada University, particularly those in the English Language and Culture

Department, for being exceptional educators who have provided me with invaluable experiences and knowledge throughout my studies.

8. Eru, thank you for all forms of support and time given to me, both from before I compiled my term paper, until this term paper has been compiled to the end. All forms of kindness that you give, are always a good gratitude for me.
9. Nindya Sandra, *Kak Zalfaa* Daughtervy, Mafuza Octaviani, and Lukman Nur, for all the support, the time we have spent together, the laughter and understanding of each other when we were going through difficult times.
10. I would like to express my heartfelt gratitude to my college friends, Mutiara Sabila, Akmalia Putri, Carissa Namira, Annisa Syahrani, and Yasmin Alivia, for the mutual trust and support we shared while working on this term paper, and for the unforgettable moments we spent together throughout our time in college.
11. To my school friends, Gina, Anisha, Sri, Syafira, and Reina, even though we are far apart in pursuing our own dreams, but thank you for all the good wishes as long as I go through this study.
12. Last but not least, thank you to myself, Anggit Kanya Fitria, thank you for still trying to finish the study while at the same time also trying to face every fear, difficulty, and other things that may never be thought to be written in this term paper as a form of accomplishment for overcoming it.

EXPLORING IDENTITY FORMATION: A SCRIPT-BASED ANALYSIS OF MARCIAS'S THEORY IN *INSIDE OUT 2*

Anggit Kanya Fitria

anggitkanyafr@gmail.com

ABSTRACT

This research aims to analyze the script of a film using intrinsic and extrinsic approaches. The object of this research is the movie “Inside Out 2” written by Meg LeFauve. This research focuses on analyzing the psychological elements of the main character, Riley Andersen, in this film. This research uses qualitative research methods and is explained using descriptive methods. The techniques used in collecting data are literature, observation, and note-taking. The analysis technique used in this research is narrative analysis. This research uses intrinsic approaches such as characterization, plot, and setting, then associated with extrinsic approaches using James Marcia's theory of identity formation and identity status. The result of this study is that Riley experiences identity formation during her transition to adolescence, this identity formation is then detailed into the identity status experienced by Riley, namely Identity Diffusion, Identity Moratorium, Identity Foreclosure, and Identity Achievement. These four identity statuses are experienced by Riley when Riley faces new situations and friendship environments.

Kata kunci: Psychology, Intrinsic, Identity Formation, Identity Status, Riley Andersen.

EXPLORING IDENTITY FORMATION: A SCRIPT-BASED ANALYSIS OF MARCIAS'S THEORY IN *INSIDE OUT 2*

Anggit Kanya Fitria

anggitkanyafr@gmail.com

ABSTRAK

Penelitian ini bertujuan untuk menganalisis naskah suatu film dengan menggunakan pendekatan intrinsik dan ekstrinsik. Objek penelitian ini adalah film "Inside Out 2" yang ditulis oleh Meg LeFauve. Penelitian ini berfokus dalam menganalisis unsur-unsur psikologis dari pemeran utama, Riley Andersen, dalam film ini. Penelitian ini menggunakan metode penelitian kualitatif dan diterangkan menggunakan metode deskriptif. Teknik yang digunakan dalam mengumpulkan data adalah kepustakaan, observasi, dan pencatatan. Teknik analisis yang digunakan dalam penelitian ini adalah naratif analisis. Penelitian ini menggunakan pendekatan intrinsik seperti karakterisasi, alur, dan setting, kemudian dikaitkan dengan pendekatan ekstrinsik menggunakan teori pembentukan identitas dan status identitas dari James Marcia. Hasil dari penelitian ini adalah Riley mengalami pembentukan identitas di masa transisinya ke remaja, pembentukan identitas ini kemudian terperinci menjadi status identitas yang dialami oleh Riley, yaitu Identity Diffusion, Identity Moratorium, Identity Foreclosure, dan Identity Achievement. Keempat status identitas ini dialami oleh Riley ketika Riley menghadapi situasi dan lingkungan pertemanan yang baru. Kata kunci: Psikologi, Intrinsik, Pembentukan Identitas, Status Identitas, Riley Andersen.

TABLE OF CONTENTS

INTELLECTUAL PROPERTY STATEMENT PAGE	i
LETTER OF APPROVAL.....	ii
TERM PAPER VALIDATION	iii
ACKNOWLEDGEMENT	iv
ABSTRACT.....	vi
ABSTRAK	vii
TABLE OF CONTENTS	viii
CHAPTER 1: INTRODUCTION	1
1.1. Background of the Research	1
1.2. Identification of the Problem	2
1.3. Limitation of the Problem.....	3
1.4. Formulation of the Problem	3
1.5. Objectives of the Research.....	3
1.6. Benefit of the Research.....	3
1.7. Systematic Organizations of the Research.....	4
CHAPTER 2: THEORETICAL FRAMEWORK	6
2.1 Intrinsic Approach	6
2.1.1 Characterization.....	6
2.1.2 Plot.....	9
2.1.3 Setting	11
2.2 Extrinsic Approach.....	14
2.2.1 Adolscence	14
2.2.2 Emotions	15
2.2.3 Identity Formation by James Marcia	15
2.3 Previous Related Study.....	17
CHAPTER 3: RESEARCH METHOD	19
3.1 Time and Location.....	19
3.2 Research Approach Method.....	19
3.3 Research Object and Data.....	20
3.4 Data Collection Method.....	20
3.4.1 Library Method.....	21
3.4.2 Observation Method	21
3.4.3 Note-taking Method.....	21
3.5 Data Analysis Technique.....	21

CHAPTER 4: EXPLORING IDENTITY FORMATION: A SCRIPT-BASED ANALYSIS OF MARCIAS’S THEORY IN INSIDE OUT 2	23
4.1 Intrinsic Approach	23
4.1.1 Characterization.....	23
4.1.2 Plot.....	51
4.1.3 Setting	59
4.2 Extrinsic Approach.....	64
4.2.1 Identity Formation Experienced by Riley	64
4.2.1.1 Identity Diffusion.....	64
4.2.1.2 Identity Foreclosure	65
4.2.1.3 Identity Moratorium.....	67
4.2.1.4 Identity Achievement.....	70
CHAPTER 5: CONCLUSION	73
REFERENCES	75
APPENDIX 1: SCHEME OF THE RESEARCH	77
APPENDIX 2: POSTER OF THE RESEARCH.....	78
APPENDIX 3: PRESENTATION SLIDES	79
APPENDIX 4: TOEIC CERTIFICATE	81
APPENDIX 5: CERTIFICATES	82
APPENDIX 6: TERM-PAPER COUNSELING FORM.....	84
APPENDIX 7: TURNITIN	87
APPENDIX 8: CURRICULUM VITAE	89