

## CHAPTER 1

### INTRODUCTION

#### 1.1. Background of the Research

According to American Psychological Association (in MedicalNewsToday), psychology is the study of thoughts and behavior. Psychology is the study of thoughts, how they work, and how they affect behavior. According to Atkinson (in Minderop, 2010: 3), psychology can also be defined as the science of the soul or the science that investigates and studies human behavior. Psychology is a study that has a wide side; psychology still has a strong connection with literature. Literary psychology makes literature and psychology the foundation of its study. According to Ahmadi (2015: 2), who stated his opinion that psychology is part of literary studies, studying human psychological problems as characters in literary works, both in the perspective of the work, the author, and also the readers. Quoting from Endraswara (in Minderop, 2015: 2), who explained that literary psychology has an important role in understanding literature because there are several advantages, including the importance of literary psychology to examine in more depth the aspects of characterization, secondly, the use of this approach can provide feedback to researchers regarding characterization problems that are developed. Finally, this kind of research is very helpful for analyzing literary works that have strong psychological problems.

Every human being has their own growth phase, from which they explore various things to form their identity. These phases are lived from the time they are children to the elderly. Each phase has its own role and function in the formation of one's identity. Especially in adolescence, children in adolescence often explore many things and this helps them in forming their identity. However, they will experience confusion in the face of their desire to be someone they want to be, this triggers an identity formation in them. This condition is described by James Marcia (1966), Marcia stated that self-identity is the arrangement of abilities and what is believed to be a permanent identity that includes decision-making skills for work, orientation, sexual identity and life values. Identity formation in this research object focuses on the transition of adolescents in forming an identity. Erikson believes that

in adolescence, the main task of a teenager is to form an identity. In the formation of that identity, a teenager generally explores many things. Recently, images of identity formation have been seen in various literary works, one of which is in a movie. According to Wicaksono (2018: 49), film can be categorized as a modern drama performance that can be shown as a whole show that meets the criteria in the important elements of fiction, which include storyline, character, setting, narrative perspective, language style, and also the message that the filmmaker wants to convey through audio-visual media. One of the films that successfully represents about identity, especially in the identity formation, is *Inside Out 2*. So, I will compile this research related to literary psychology found in literary works. *Inside Out 2* is a sequel to the first movie, *Inside Out*. This movie focuses on the development of Riley's identity, who begins to feel a variety of new emotions within herself, and these emotions are part of the characters of the movie, such as anxiety, ennui, envy, and shame. These emotions help Riley explore her adolescence as she turns 13, showing how the old emotions transition as a child and then grow into a teenager.

The theme of this research was chosen because every human being has a development in their life that involves various emotions that they feel in helping to build their identity. This movie was made by Kelsey Mann as a director who wanted to show the adaptation of Riley as the main character when she became a teenager. Therefore, the topic that chosen for this research is Exploring Identity Formation: A Script-Based Analysis of Marcia's Theory in *Inside Out 2*.

## **1.2. Identification of the Problem**

Based on the background of the existing problem, I identify the problem in this research as the problems experienced by the main character, Riley, who is controlled by her dominant emotions of Joy and Anxiety. Such as the confusion that leads to identity formation that Riley experienced during the transition from a child to a teenager. Starting from the presence of new emotions that trigger conflicts with old emotions in her, to the changing dominance of emotions in Riley, then the adjustments she makes to achieve her dreams in the new environment. Therefore,

this movie shows the emotional transition experienced by Riley as an identity formation from a child to an adolescence.

### **1.3. Limitation of the Problem**

Based on the problem identification above, I limit the research problem to several characters, namely, Riley, Anxiety, and Joy in the movie *Inside Out 2* by using Marcia James's theory to show Riley's identity formation.

### **1.4. Formulation of the Problem**

Based on the limitation of the problem, the formulation of the problem of my research is as follows:

1. How are the character and characterization, plot, and setting portrayed in the *Inside Out 2* Movie Script?
2. What types of identity formation are portrayed in the *Inside Out 2* Movie Script through the experiences of the character Riley?

### **1.5. Objectives of the Research**

Based on the problem formulation above, this research aims to show that the theme of this movie is Exploring Identity Formation: A Script-Based Analysis of Marcia's Theory in *Inside Out 2*. To achieve this goal, I divided it into several steps:

1. To identify character and characterization, plot, and setting in the *Inside Out 2* Movie Script.
2. To identify types of identity formation are portrayed in the *Inside Out 2* Movie Script through the experiences of the character Riley.

### **1.6. Benefit of the Research**

The benefits of the research are as follows:

1. This research can make it easier for students who are interested in taking up research on the psychology of literature.

2. This research is expected to be useful for students in increasing their knowledge about the psychology of literature, which is Identity Formation

### **1.7. Systematic Organizations of the Research**

The structure of the term paper titled “Exploring Identity Formation: A Script-Based Analysis of Marcia's Theory in Inside Out 2” is as follows:

#### **CHAPTER I**

#### **: INTRODUCTION**

This chapter consists of the phases of the research layout, such as the background of the problem, the identification of the problem, the limitation of the problem, the formulation of the problem, the objectives of the research, the benefit of the research, and the systematic organization of the research.

#### **CHAPTER II**

#### **: THEORETICAL FRAMEWORK**

This chapter consists of the experts' theories study which I use in accordance with the title of the research and to analyse the research data, which are as follows: “Characterization”, “Plot”, “Setting”, “Psychology of Literature”, and “Identity Formation”

#### **CHAPTER III**

#### **: RESEARCH METHOD**

This chapter includes research methodologies such as study

## **CHAPTER IV**

approaches, time and location, data sources, and data analysis technique.

### **: EXPLORING IDENTITY FORMATION: A SCRIPT-BASED ANALYSIS OF MARCIA'S THEORY IN INSIDE OUT 2**

This chapter is the core of the whole research. This chapter consists of an analysis of the research object entitled Exploring Identity Formation: A Script-Based Analysis of Marcia's Theory in *Inside Out 2*

## **CHAPTER V**

### **: CONCLUSION**

This chapter is compiled and consists of conclusion and suggestion from the study entitled Exploring Identity Formation: A Script-Based Analysis of Marcia's Theory in *Inside Out 2*.

These chapters are followed by references, scheme of research, research poster, curriculum vitae, and other required attachments.