

CHAPTER 5

CONCLUSION

Based on the results of this research, which employs both extrinsic and intrinsic approaches in the movie script Inside Out 2 by Meg LeFauve, I discuss an issue related to identity formation and identity status to deepen the analysis. The issue analyzed is still connected to the intrinsic approach, namely characterization, plot, and setting. In addition to using an intrinsic approach, this study also employs an extrinsic approach to examine the issues contained within this research. The theory used in the extrinsic approach is the theory of identity formation to observe the identity development of the main character and specify it with identity status. Additionally, there is a theory about emotions used to analyze supporting characters such as Anxiety and Joy.

This research finds that the identity formation experienced by Riley during her transition to adolescence is significant. Riley and her two best friends have a new experience when they get the opportunity to attend a hockey camp. This is an exciting opportunity for Riley, as she meets her idol, Valentina Ortiz, and also her favorite hockey club, the Fire Hawks. Riley does not want to miss this opportunity, she and her two friends find themselves in a new situation and environment. Riley's excitement peaks, which also highlights the emotional characters that play a role in monitoring and controlling Riley's life journey. These emotional characters have their own ways of controlling Riley's thoughts and behaviors when she encounters a new environment. The different controls exerted by these emotional characters impact the formation of Riley's identity. Ultimately, these various controls provide exploration or crisis and also lead to commitments made by Riley.

The exploration and crisis experienced by Riley lead her to make choices in every aspect of her life. This research highlights Riley's journey through adolescence in more detail, particularly regarding her friendships. Riley's friendships present her with a variety of choices that confuse her in determining what kind of friendship she will choose and live with as a form of commitment in her identity formation, whether with her two best friends (Bree and Grace) or by

becoming close friends with the members of the Fire Hawks. The process of determining this friendship also becomes an exploration for Riley as she reviews the choices, she will make based on the friendship values she holds previously, as well as her conformity. In addition to these values, Riley also explores various options based on the dream she wants to achieve, which is joining the Fire Hawks club. These choices ultimately become the foundation for Riley to form her identity and also display her reflective side. According to the theory, this study finds that Riley experiences four statuses in her identity development: identity diffusion, identity moratorium, identity foreclosure, and identity achievement. With the identity achievement that Riley attains, she makes a new commitment to her identity in living out her friendships. Riley does not want to let disloyalty in her friendships continue; she wants to maintain a good friendship with her two best friends as well as with the members of the Fire Hawks.

From the above analysis, this research is expected to be useful in understanding that everyone experiences their own identity formation, especially during adolescence, which plays an essential role in identity development. When forming an identity, there is an evaluation of both conflicting and non-conflicting values. The environment plays a crucial role in identity formation, and the need for exploration in choosing one option from various possibilities is important to achieve someone's identity. This research finds this from the script of Inside Out 2. Riley serves as a literary study in analyzing this issue, demonstrating her experience in shaping her identity during adolescence. This proves that literary works can be objects for researching various issues, one of which is psychological, with the appropriate approach. It also illustrates that literary works cannot be separated from real life.