

**NEUROTIC ANXIETY LEADS TO REPRESSION AND  
REACTION FORMATION TOWARDS ELLIE'S CHARACTER  
IN THE WHALE (2022) MOVIE SCRIPT**

**TERM PAPER**



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JAKARTA**

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REACTION FORMATION TOWARDS ELLIE'S CHARACTER  
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Submitted in part-fulfillment of requirements for obtaining

*Sarjana Linguistik (S.Li) degree*



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## INTELLECTUAL PROPERTY STATEMENT PAGE

I hereby declare that the term-paper is the result of my own work not plagiarism of another work, the contents has become my responsibility. All the sources of my research and quoted or referenced have been stated correctly.


Jakarta, 19 January 2025


  
(Mutiara Sabila)



### LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department, the term-paper submitted by Mutiara Sabila entitled "Neurotic Anxiety Leads to Repression and Reaction Formation Towards Ellie's Character in *The Whale* (2022) Movie Script" has been approved and forwarded to English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defense for obtaining *Sarjana Linguistik* (S.Li.) degree to the respective candidate.

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Jakarta, 20 January 2025



**Mutiara Sabila**



# NEUROTIC ANXIETY LEADS TO REPRESSION AND REACTION FORMATION TOWARDS ELLIE’S CHARACTER IN THE WHALE (2022) MOVIE SCRIPT

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## ABSTRACT

This research aims to analyze the movie script of *The Whale* (2022), written by Samuel D. Hunter, with a focus on the psychological aspects experienced by the character Ellie. By utilizing a qualitative approach, descriptive and narrative methods, this research can be conducted and presented. Literature review, observation, and note-taking method are employed to gather relevant research data. The primary source for this research is taken from script of *The Whale* through intrinsic approach based on Petrie and Boggs' theory of characterization, plot, setting, and theme. This intrinsic analysis is then linked to an extrinsic approach based on Sigmund Freud's theories of anxiety and defense mechanisms. In addition, the research is also supported by secondary data, including books, scientific journals, and other relevant sources of information. The findings of this research revealed that neurotic anxiety stemming from Ellie’s past leads her to employ defense mechanisms, specifically repression and reaction formation. These mechanisms are reflected in her sarcastic, rebellious, and manipulative traits.

**Keywords:** *movie script, psychology, neurotic anxiety, repression, reaction formation.*



**KECEMASAN NEUROTIC MENYEBABKAN REPRESI DAN REAKSI  
FORMASI TERHADAP KARAKTER ELLIE DALAM NASKAH FILM  
*THE WHALE* (2022)**

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**ABSTRAK**

*Penelitian ini bertujuan untuk menganalisis sebuah naskah film berjudul The Whale (2022) yang ditulis oleh Samuel D. Hunter. Penelitian ini berfokus pada aspek psikologis yang dirasakan oleh karakter pendamping bernama Ellie. Dengan menggunakan pendekatan kualitatif, metode deskriptif dan metode naratif, penelitian ini dapat dilakukan dan disajikan. Teknik kajian pustaka, observasi dan pencatatan, digunakan untuk menemukan data penelitian. Objek atau sumber utama dari penelitian ini diambil dari naskah film The Whale melalui pendekatan intrinsik dari teori Petrie dan Boggs mengenai karakterisasi, alur, latar, dan tema kemudian mengaitkannya dengan pendekatan ekstrinsik yaitu melalui teori Sigmund Freud mengenai kecemasan dan mekanisme pertahanan. Selain itu, penelitian ini juga didukung oleh data sekunder berupa buku, jurnal ilmiah, serta sumber informasi lain yang relevan. Hasil penelitian menunjukkan bahwa kecemasan neurotik yang berasal dari masa lalunya Ellie menyebabkannya melakukan mekanisme pertahanan berupa represi dan reaksi formasi yang diperlihatkan melalui sifat sarkastik, pemberontak, dan manipulatif.*

**Kata kunci:** naskah film, psikologi, kecemasan neurotik, represi, reaksi formasi

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