

**DEFENCE MECHANISM PORTRAYED IN THE MOVIE  
SCRIPT OF SPIKE LEE “DA 5 BLOODS (2020)”**

**TERM PAPER**



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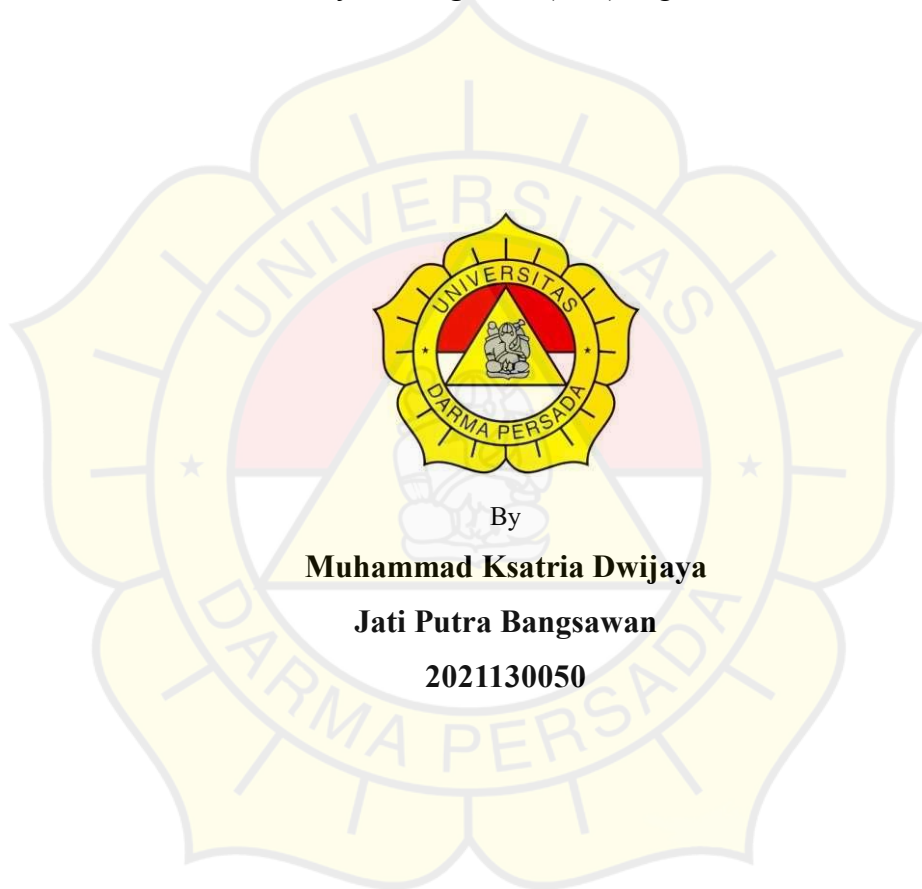
**ENGLISH LANGUAGE AND CULTURE DEPARTMENT  
FACULTY OF LANGUAGE AND CULTURE  
DARMA PERSADA UNIVERSITY  
JAKARTA**

**2025**

**DEFENCE MECHANISM PORTRAYED IN THE MOVIE  
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Submitted in part-fulfillment of requirements for obtaining  
*Sarjana Linguistik (S.Li)* degree



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JAKARTA**

**2025**

## INTELLECTUAL PROPERTY STATEMENT PAGE

I hereby declare that the term-paper is the result of my own work and not plagiarism of someone else, and the contents has become my responsibility. All of the sources quoted or referred to have been stated correctly.

Jakarta, 20 January, 2025


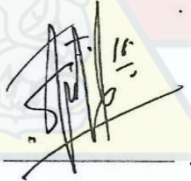

  
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## LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department, the term paper submitted by Muhammad Ksatria Dwijaya Jati Putra Bangsawan entitled “*Defence Mechanism Portrayed in the Movie Script of Spike Lee “Da 5 Bloods (2020)”*” has been approved and forwarded to the English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defense for obtaining *Sarjana Linguistik* (S.Li.) degree to the respective candidate.

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## TERM PAPER VALIDATION

On February 3rd, 2025, the term paper has been academically tested and defended in front of

### THE BOARD EXAMINERS

(Once of whom is as follow)

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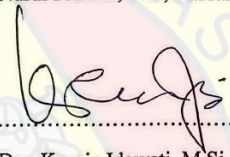
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Thanks to Allah SWT for His kindness and blessings, I was able to finish this term paper which entitled *Defence Mechanism Portrayed in The Movie Script of Spike Lee "Da 5 Bloods (2020)"* as planned. This term-paper is submitted as a partial fulfilment of the requirements for obtaining the Strata One (S1) degree at the English Language and Culture Department, Faculty of Language and Culture, Darma Persada University.

I would like to say thank you towards all parties who have guided and supported me in finishing this term-paper, My gratitude is presented to those individuals who have given their support and offered prayers in completion of this term paper. Their support has been very helpful to me and I sincerely appreciate the contribution they have made, which I have listed as follows:

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- Finally, after all the countless cigarettes and late-night coffee you have done it! But still your journey is still far from finish. Keep your heads up and your effort higher!

Although this term paper is far from the perfection, it is be expected helpful to both the readers and the researchers. Therefore, constructive criticism and recommendations are encouraged. I hope this term paper will help with the next research projects.

Jakarta, 20 January, 2025



(Muhammad Ksatria Dwijaya Jati Putra B.)

# DEFENCE MECHANISM PORTRAYED IN THE MOVIE SCRIPT OF SPIKE LEE “DA 5 BLOODS (2020)”

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## ABSTRACT

In today's world, many stories about veterans managing their stress through various means are featured in a wide range of literature, especially in movie scripts, as they are contemporary text dramas with characters that can be examined using literary psychology. This research focused on analyzing the utilization of extrinsic and intrinsic factors in the 2020 movie script “Da 5 Bloods”. Therefore, the goal demonstrates this movie script is a portrayal of the concept defence mechanism in the movie script of Spike Lee “Da 5 Bloods”. A descriptive qualitative method was employed in this study. Indicating that the data used is in the form of words not numbers. The object of the research used is “Da 5 Bloods (2020)” movie script. In this movie script, Freud's theory of defence mechanisms was used to connect an extrinsic approach with an intrinsic approach in the form of characterization, plot, and setting. This study is also supported by reviewing books, journals, and other research sources from the internet as secondary data references. The results obtained from this study are defence mechanism serves as a means of redirecting emotional stress, anxiety, or internal conflicts. Within the characters Paul and Otis we can see how war veterans often used defence mechanism primarily displacement and aggression within their civilian life and how destructive it can be to themselves and others.

**Keywords:** *Psychology, defence mechanism, descriptive qualitative, emotional stress*

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## ABSTRAK

*Di dunia sekarang ini, banyak cerita tentang para veteran yang mengelola stres mereka melalui berbagai cara ditampilkan dalam berbagai literatur, terutama dalam naskah film, karena merupakan drama teks kontemporer dengan karakter yang dapat dikaji menggunakan psikologi sastra. Penelitian ini fokus pada analisis pemanfaatan faktor ekstrinsik dan intrinsik dalam naskah film tahun 2020 “Da 5 Bloods”. Oleh karena itu, tujuan dari peragaan naskah film ini adalah untuk menggambarkan konsep mekanisme pertahanan dalam naskah film Spike Lee “Da 5 Bloods”. Metode deskriptif kualitatif digunakan dalam penelitian ini. Menandakan bahwa data yang digunakan berupa kata-kata bukan angka. Objek penelitian yang digunakan adalah naskah film “Da 5 Bloods (2020)”. Dalam naskah film ini, teori mekanisme pertahanan Freud digunakan untuk menghubungkan pendekatan ekstrinsik dengan pendekatan intrinsik berupa penokohan, alur, dan setting. Penelitian ini juga didukung dengan review buku, jurnal, dan sumber penelitian lain dari internet sebagai referensi data sekunder. Hasil yang diperoleh dari penelitian ini adalah mekanisme pertahanan berfungsi sebagai sarana untuk mengalihkan stres emosional, kecemasan, atau konflik internal. Dalam karakter Paul dan Otis kita dapat melihat bagaimana para veteran perang sering menggunakan mekanisme pertahanan terutama perpindahan dan agresi dalam kehidupan sipil mereka dan betapa destruktifnya hal tersebut terhadap diri mereka sendiri dan orang lain.*

**Kata Kunci:** Psikologi, mekanisme pertahanan, deskriptif kualitatif, stres emosional.

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