

**HEALING LEADS TO HAPPINESS: SCOTT CARLIN'S
JOURNEY THROUGH THE FIVE STAGES OF GRIEF IN
THE KING OF STATEN ISLAND MOVIE SCRIPT (2020)**

TERM PAPER



By

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DARMA PERSADA UNIVERSITY
JAKARTA**

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Submitted in part-fulfillment of requirements for obtaining
Sarjana Linguistik (S. Li) degree



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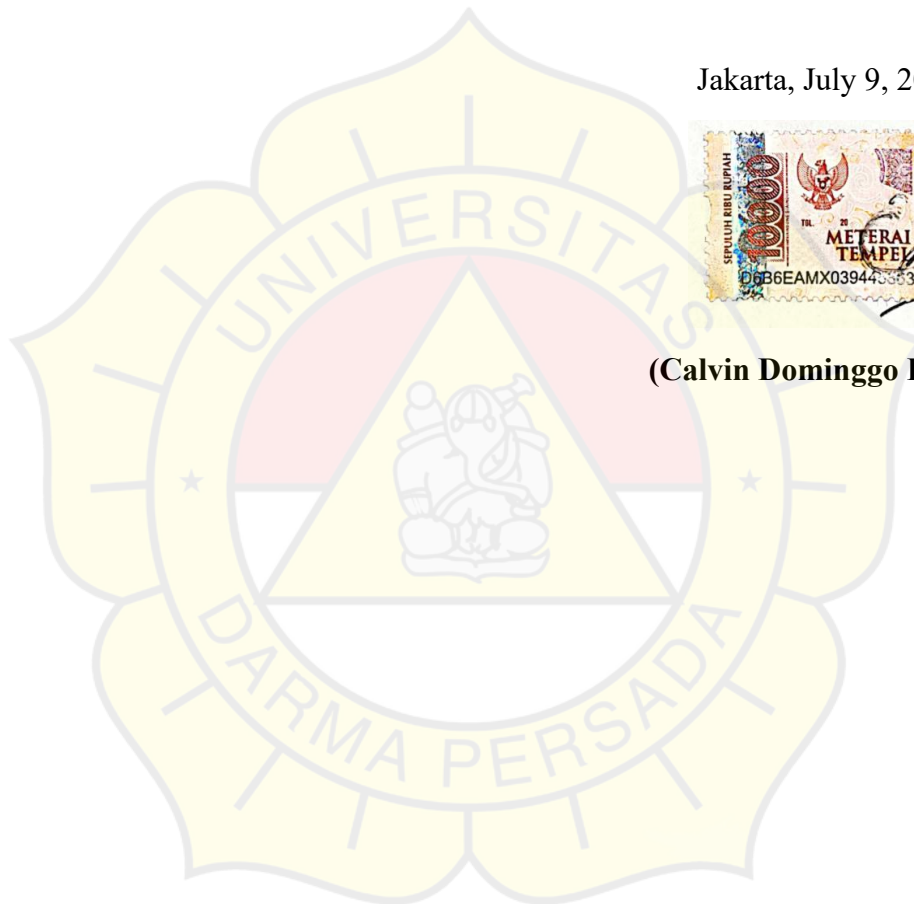
INTELLECTUAL PROPERTY STATEMENT PAGE

I hereby acknowledge and declare that this paper is the result of my work and is not a plagiarism from the other works, for all the contents are under my responsibility. All sources that I quote or refer to have been correctly stated.

Jakarta, July 9, 2025



(Calvin Domingo Hattu)



LETTER OF APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department, the term-paper submitted by Calvin Domingo Hattu entitled "Healing Leads to Happiness: Scott Carlin's Journey Through the Five Stages of Grief in *The King of Staten Island* Movie Script (2020)" has been approved and forwarded to English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defense for obtaining Sarjana Linguistik (S.Li.) degree to the respective candidate.

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HEALING LEADS TO HAPPINESS: SCOTT CARLIN'S JOURNEY THROUGH THE FIVE STAGES OF GRIEF IN *THE KING OF STATEN ISLAND* MOVIE SCRIPT (2020)

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ABSTRACT

This study aims to analyze the film script “The King of Staten Island (2020)” written by Judd Apatow, Pete Davidson, and Dave Sirus using psychological theories. This research uses the five stages of grief theory, popularized by Elisabeth Kübler-Ross to analyze the grief of the protagonist, Scott Carlin. This research focuses on the grieving phase Scott Carlin as the main character must go through, starting from denial, anger, bargaining, depression, and finally acceptance, after losing his father. This study uses a qualitative approach and narrative analysis to examine Scott's grief through intrinsic approaches, characterization, plot, and setting, which are aligned with the extrinsic approach of Kübler-Ross' five stages of grief theory. The data collection technique used is through the note-taking method. Thus, the results show that Scott's grief makes him go through the denial phase to the acceptance phase so that Scott can accept a new father figure in his life. In this movie, Scott reflects denial, anger, bargaining, depression, and acceptance.

Keywords: *psychology, grief, stages of grief, movie script, Elisabeth Kübler-Ross*

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ABSTRAK

Penelitian ini bertujuan untuk menganalisis naskah film “*The King of Staten Island* (2020)” yang ditulis oleh Judd Apatow, Pete Davidson, dan Dave Sirus dengan menggunakan teori psikologi. Penelitian ini menggunakan teori lima tahap berduka, yang dipopulerkan oleh Elisabeth Kübler-Ross untuk menganalisa kesedihan pada karakter protagonis, Scott Carlin. Penelitian ini berfokus pada fase berduka Scott Carlin sebagai pemeran utama harus melalui tahapan-tahapan berduka, mulai dari penyangkalan, kemarahan, tawar-menawar, depresi, dan yang terakhir adalah penerimaan, setelah kehilangan ayahnya. Penelitian ini menggunakan pendekatan kualitatif dan analisis naratif untuk mengkaji kesedihan Scott melalui pendekatan intrinsik, penokohan, alur, dan latar, yang diselaraskan dengan pendekatan ekstrinsik dari teori lima tahap kesedihan Kübler-Ross. Teknik pengumpulan data yang digunakan melalui metode catat. Dengan demikian, hasil penelitian menunjukkan bahwa kesedihan Scott membuatnya melalui fase penyangkalan hingga fase penerimaan sehingga Scott bisa menerima sosok Ayah baru di dalam hidupnya. Di dalam film ini, Scott merefleksikan penyangkalan, kemarahan, tawar-menawar, depresi, dan penerimaan.

Kata kunci: psikologi, duka, tingkatan berduka, naskah film, Elisabeth Kübler-Ross

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