

**THE STAGES OF GRIEF IN THE CHARACTER DANI IN *MIDSOMMAR*
MOVIE SCRIPT (2019)**

TERM PAPER



Yasmin Alivia Fitriana

2021130024

ENGLISH LANGUAGE AND CULTURE DEPARTMENT

FACULTY OF LANGUAGE AND CULTURE

DARMA PERSADA UNIVERSITY

2025

**THE STAGES OF GRIEF IN THE CHARACTER DANI IN *MIDSOMMAR*
MOVIE SCRIPT (2019)**

TERM PAPER

Submitted in part-fulfilment of requirements for obtaining
Sarjana Linguistik (S. Li) degree



By
Yasmin Alivia Fitriana
2021130024

**ENGLISH LANGUAGE AND CULTURE DEPARTMENT
LANGUAGE AND CULTURE FACULTY
DARMA PERSADA UNIVERSITY**

2025

INTELLECTUAL PROPERTY STATEMENT PAGE

I hereby declare that the term paper is the result of my own work and not a plagiarism of another work; the contents have become my responsibility. All the sources of my research and quoted references have been stated correctly.


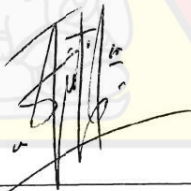

Jakarta, 7 July 2025



(Yasmin Alivia Fitriana)



LETTER OF APPROVAL

LETTER OF APPROVAL	
On the recommendation of the respective Supervisor, Academic Advisor and Head of the Department, the term-paper submitted by Yasmin Alivia Fitriana entitled “ The Stages of Grief in Character Dani in <i>Midsommar</i> Movie Script (2019)” has been approved and forwarded to English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defense for obtaining <i>Sarjana Linguistik</i> (S.Li.) degree to the respective candidate.	
Supervisor	Signature Date
(Agustinus Hariyana, S.S, M.Si.)	 Jakarta, July 7, 2025
Head of English Language and Culture Department	Signature Date
(Dr. Yoga Pratama, M.Pd.)	 Jakarta, July 7, 2025
Academic Advisor	
(Alia Afiyati, S.S., M.Pd)	 Jakarta, July 7, 2025
Name	: Yasmin Alivia Fitriana
Student Number	: 2021130024

TERM PAPER VALIDATION

TERM PAPER VALIDATION

On July 23, 2025, this term paper has been academically tested and defended in front of


THE BOARD OF EXAMINERS

One of whom sit as follow

Advisor

: 
(Dr. Agustinus Hariyana, S.S., M.Si)

Examiner


: 
(Syarif Hidayat, M.Hum)

Head Board of Examiners


: 
(Prof. Dr. Albertine Minderop, MA)

Legally validated in Jakarta on July 30, 2025

Head of English Language
And Culture Department,


(Dr. Yoga Pratama, M.Pd.)

Dean of Faculty of
Language and Culture,


(Dr. C. Dewi Hartati. M. Si.)

ACKNOWLEDGMENT

Praise be to Allah SWT for His mercy and blessing. Finally, I could complete this term paper as planned, which is entitled "THE STAGES OF GRIEF IN THE CHARACTER DANI IN MIDSOMMAR MOVIE SCRIPT (2019)". This term paper is submitted to the English Language and Culture Department, Darma Persada University, as a partial fulfillment of the requirements for obtaining the Strata One (S-1) degree.

I would like to present my gratitude towards all parties who have guided and supported me in finishing this term paper. My gratitude is presented to those who have given their contribution in the completion of this term paper, which is listed as follows:

1. To Dr. C. Dewi Hartati, M.Si. as the Dean of the Faculty of English Language and Culture, Darma Persada University.
2. To Mr. Dr. Yoga Pratama, M. Pd. as the Head of English and Culture Department.
3. To Dr. Agustinus Hariyana, S.S., M. Si. as the advisor who has taken the time to guide and give direction to me in the preparation of this term paper.
4. To Ms. Alia Afiyati, S.S., M.Pd. as the academic advisor who has patiently helped me in the preparation of my studies in each semester.
5. All Lecturers of English Language and Culture at Darma Persada University who have provided a lot of knowledge during my studies
6. All the English Language and Culture Department staff who have facilitated the students in this faculty.
7. My beloved family, especially for my father, mother, and sister who always provide love, prayers and support so that I can complete this term paper well.
8. My college friends, especially Annisa, Salsa, Anggit, Lukman, Nindy, Mutiara, Carrisa, and Alia. Thank you for the memories and support, I am very grateful to know and meet you. May good things come to you in the future.

9. To Yana Toboso, who created the Black Butler, especially in creating the characters of Sebastian Michaelis and Ciel Phantomhive. Thank you for entertaining me and encouraging me in your work. As well as for my Black Butler enthusiast online friends who have provided support and motivation for me in completing this term paper.
10. For my idols, Red Velvet, IVE, and ILLIT, encouraged and inspired me through your songs that I always listened to while working on my term paper, so that I could complete this term paper.
11. For myself, who has survived to this point and was able to complete my responsibilities as a student. Thank you for fighting and surviving this grueling process. I hope that in my next chapter of the journey, I will become a stronger, better, and more valuable person in the future.

I realize that there are still many shortcomings in the preparation of this term paper. Therefore, I accept all constructive criticism and suggestions. I hope that this term paper can fulfill the necessary requirements.

Jakarta, July 7, 2025



Yasmin Alivia Fitriana

THE STAGES OF GRIEF IN THE CHARACTER DANI IN *MIDSOMMAR* MOVIE SCRIPT (2019)

Yasmin Alivia Fitriana

2021130024

yasminalivia11@gmail.com

ABSTRACT

This research aims to analyze the five stages of grief reflected by the character Dani in the movie script "*Midsommar*" as the object of research by using a literary psychological approach using Kubler-Ross' five stages of grief theory. The intrinsic approach is used to analyze data such as: characterization, plot, and setting. While the extrinsic approach is used to apply the five stages of grief displayed on Dani's character in the movie script "*Midsommar*". This research uses a descriptive qualitative narrative approach. This study uses data sources in the form of a movie script entitled "*Midsommar*," directed and written by Ari Aster. The results of this study show that the script of the movie "*Midsommar*" reflects a character named Dani Ardor who experiences the five stages of grief (Denial, Anger, Bargaining, Depression, and Acceptance) after losing his family, which ultimately affects his life. This research shows that these five stages of grief are Dani's struggles during the grieving process: emotional support, letting go, and acceptance. It can be explained that sadness and grief will not last forever because it is a process of healing from pain and trauma. The end process of these stages is the stage of letting go and making peace with his past to live a better future.

Keywords: Five Stages of Grief, Kubler-Ross, *Midsommar*, Dani, Movie Script

THE STAGES OF GRIEF IN THE CHARACTER DANI IN *MIDSOMMAR* MOVIE SCRIPT (2019)

Yasmin Alivia Fitriana

2021130024

yasminalivia11@gmail.com

ABSTRAK

Penelitian ini bertujuan untuk menganalisis lima tahap kesedihan yang dicerminkan oleh tokoh Dani dalam naskah film “*Midsommar*” sebagai objek penelitian dengan menggunakan pendekatan psikologi literature menggunakan teori lima tahap kesedihan milik Kubler-Ross. Pendekatan intrinsik digunakan untuk menganalisis data seperti: karakterisasi, plot, dan latar. Sedangkan pada karakter Dani di dalam naskah film “*Midsommar*”. Penelitian ini menggunakan pendekatan naratif kualitatif deskriptif. Dalam penelitian ini menggunakan sumber data yang berupa naskah film berjudul “*Midsommar*” yang disutradarai dan naskah filmnya ditulis oleh Ari Aster. Hasil dari penelitian ini menunjukkan bahwa naskah film “*Midsommar*” mencerminkan seseorang yang bernama Dani yang sedang berada di lima tahap keedukaan (*Denial, Anger, Bargaining, Depression, dan Acceptance*) setelah kehilangan keluarganya yang pada akhirnya hal tersebut mempengaruhi kehidupannya. Penelitian ini menunjukkan bahwa lima tahap keedukaan ini merupakan perjuangan dari Dani selama proses berduka, dukungan emosional, melepaskan, hingga penerimaan. Dapat dijelaskan bahwa kesedihan dan keedukaan tidak akan berlangsung selamanya karena hal tersebut justru menjadi suatu proses dari penyembuhan akibat rasa sakit dan trauma. Proses berakhirnya dari tahapan tersebut yaitu tahap melepaskan dan berdamai dengan masa lalunya untuk menjalani masa depan yang lebih baik.

Kata Kunci: Lima Tahap Kedukaan, Kubler-Ross, *Midsommar*, Dani, Naskah Film

TABLE OF CONTENTS

INTELLECTUAL PROPERTY STATEMENT PAGE	i
LETTER OF APPROVAL	ii
TERM PAPER VALIDATION	iii
ACKNOWLEDGMENT	iv
ABSTRACT	vi
ABSTRAK	vii
TABLE OF CONTENTS	viii
CHAPTER 1 INTRODUCTION	1
1.1 Background of the Problem.....	1
1.2 Identification of the Problem.....	2
1.3 Limitation of the Problem.....	2
1.4 Formulation of the Problem.....	3
1.5 Objective of the Research.....	3
1.6 Benefits of the Research.....	4
1.7 Systematic Organization of the Research.....	4
CHAPTER 2 THEORETICAL FRAMEWORK	6
2.1 Intrinsic Approach	6
2.1.1 Characterization	6
2.1.2 Plot	8
2.1.3 Setting	9
2.2 Extrinsic Approach	11
2.2.1 Psychology of Literature	12
2.2.2 The Five Stages of Grief	12
2.3 Previous of Related Studies.....	15
CHAPTER 3 RESEARCH METHOD	19
3.1 Time and Location.....	19
3.2 Research Approach and Method.....	19
3.3 Research Object and Data.....	20
3.4 Data Collection Technique	20
3.5 Data Analysis Technique	22
CHAPTER 4 THE STAGES OF GRIEF IN THE CHARACTER DANI IN MIDSOMMAR MOVIE SCRIPT (2019)	23

4.1	Denial found in <i>Midsommar</i> Movie Script.....	23
4.1.1	Denial Found in Character and Characterization	23
4.1.2	Denial found in the Plot	31
4.1.3	Denial found in Settings.....	34
4.2	Anger found in <i>Midsommar</i> Movie Script.....	37
4.2.1	Anger Found in Character and Characterization.....	37
4.2.3	Anger Found in the Plot	41
4.2.3	Anger Found in the Settings.....	44
4.3	Bargaining found in <i>Midsommar</i> Movie Script.....	46
4.3.1	Bargaining Found in Character and Characterization	46
4.3.2	Bargaining Found in Plot	49
4.3.3	Bargaining Found in Settings.....	51
4.4	Depression found in <i>Midsommar</i> Movie Script.....	52
4.4.1	Depression Found in Character and Characterization.....	52
4.4.2	Depression Found in Plot	56
4.4.3	Depression Found in the Settings.....	59
4.5	Acceptance found in <i>Midsommar</i> Movie Script.....	62
4.5.1	Acceptance Found in Character and Characterization	62
4.5.2	Acceptance Found in Plot	64
4.5.3	Acceptance Found in the Settings	67
CHAPTER 5 CONCLUSION.....		68
REFERENCES.....		70
APPENDIX 1 SCHEME OF THE RESEARCH.....		72
APPENDIX 2 POSTER OF THE RESEARCH.....		73
APPENDIX 3 PRESENTATION SLIDE.....		74
APPENDIX 4 TOEIC CERTIFICATE.....		76
APPENDIX 5 CERTIFICATES		77
APPENDIX 6 TERM PAPER COUNSELLING FORM		80
APPENDIX 7 SIMILARITY INDEX.....		82
APPENDIX 8 CURRICULUM VITAE		84