

CHAPTER 5

CONCLUSION

Based on the data analyzed in the previous chapter, taken from the movie script *Midsommar* (2019) by Ari Aster, using intrinsic and extrinsic approaches to the narrative and themes in the movie script.

The intrinsic approach focuses on characterization, plot, and setting, which are important elements in this study. In the movie script of *Midsommar*, plot and characters play an important role in portraying Dani's journey during her grief. Dani, the main character of *Midsommar*, experiences many challenges in her life after her family is gone, her relationship with Christian is weakened, and the oddities that make her fear and worry appear when she is in a small village in Sweden. In the movie script of *Midsommar*, Dani's character is portrayed as a person who is always alone, lonely, and does not get enough empathy and support for the tragedy she experienced from her boyfriend, Christian, and his friends. During her grieving period, Dani is portrayed as someone who always tries to remain calm and fine in front of Christian, Christian's friends, and the people in Harga village, even though Dani feels lonely. The setting of the village of Harga in the movie script of *Midsommar*, which is always portrayed as sunny and peaceful, can trigger emotions, trauma, and sadness for Dani after her family is gone.

The extrinsic approach is the concept of the five stages of grief formulated by Kubler-Ross. This study examines the development of Dani's character through the five stages of grief. Starting from the denial stage, where Dani could not believe that she had lost her family, was avoided by Christian's friends, who knew that Christian had cheated on her. The next stage is the anger stage, which is shown in many scenes when Dani is always arguing with Christian, Dani's anger at the people in Harga village, and Pelle, who always brings up the death of his family to Dani. Furthermore, in the bargaining stage, Dani is always trying to negotiate with Christian, which leads to her succumbing to him to fix her relationship. After that, there is the depression stage where Dani often shows empty feelings, sadness, and she stays away from things that trigger her sadness and trauma related to her family.

Finally, there is the acceptance stage where Dani, at the end of the story, has made peace with her trauma and sad past, where she has found a new family for her, namely the people in Harga village, she becomes May Queen, and she ends her relationship with Christian. At this stage, Dani can smile again.

This research shows that the movie script of *Midsommar* depicts a person who is in the five stages of grief due to the loss of her family. The writer finds and analyzes the impact of sadness and grief due to the loss of her family, which affects her life. The reflection of the five stages of grief in the movie script *Midsommar* is not only reflected through narration or dialogue between characters, but also through symbolism, struggle in the grieving process, emotional support, letting go, and acceptance. This research also explains that sadness and grief do not last forever, but from sadness and grief, it becomes a healing process. The method starts from releasing pain and trauma, ending with letting go and making peace with the past to continue living in a good future.

Finally, this study is expected to provide valuable knowledge, particularly for students in the fields of literature and the English Language and Culture Department who are currently conducting research related to the Five Stages of Grief theory by Kubler-Ross. Future research can use different approaches, such as social issues that arise in this literary work. So, researchers can explore more deeply, such as seeing the other side of readers from different social and cultural backgrounds in understanding this movie script, or comparing it with other works that also take the theme of the stages of grief.