

## CHAPTER V

### CONCLUSION

After analyzing this novel I can conclude that the intrinsic approach can be used to analyze this novel. I apply showing and telling methods to know the characterizations of some characters. The characters that I analyze are Megan Luisa Garcia, Sue Garcia and Cody Reynolds. Then by using the concept of setting, especially the five functions of setting I can know the setting of this novel. Also by using the concept of plot it can be known the plot of this novel from exposition until resolution.

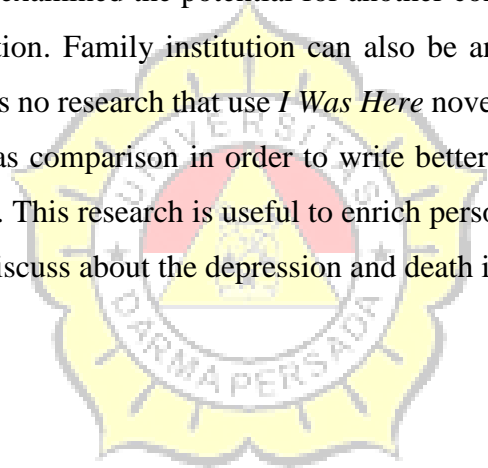
Then I also conclude that the extrinsic approach can be used to analyze this novel. I use the concept of depression to explain about Meg's depression and I use the concept of death instinct to explain about Meg's death instinct. The characterizations, setting and plot of this novel support the concepts of depression and death instinct. I also elaborate between the intrinsic and extrinsic analysis. It proves that the theme of this novel is the reflection of depression and death instinct on character Megan.

According to the American Foundation for Suicide Prevention, studies have consistently suggested that the overwhelming majority of people who take their own lives—90 percent or more—had a mental disorder at the time of their deaths. There are individuals who believe in everyone should have the freedom to commit suicide and take their own life if they are living in a constant state of pain and suffering. Many states had laws that regarded the act of euthanasia as a felony, but these laws were seldom enforced. In the 1980s, 30 out of 50 United States has no laws opposing or attempting suicide. Currently there is no law against the act of committing suicide in the United States. In Australia, euthanasia itself is not considered as a crime. In Belgium, it changes were made to euthanasia law making it legal under certain regulations. In West Cultural, suicide is legal if people are living in a constant state of pain and suffering. Megan Luisa Garcia lives in United States of America where the country is legal to commit suicide like she has been done for her life.

This research can give us something that we can learn in our lives. Life can be hard, beautiful and messy, but hopefully, it will be long. If we are in the dark, it might feel like we will always be in there. Fumbling. Alone. But we will not feel alone. There are people out there to help us to find the light. If we are in pain and need help, the first step is to tell someone. Parents, older

siblings, uncles, aunts find any adult who we trust. This is a first step, not a final one. It is not enough to confide in someone. Once we tell someone, he or she can help us to find the professional help and support what we need.

So, if we have a problem, we must tell to the people around us to get a good advice and avoid to hear bad advice from unknown people to commit suicide without thinking about bad impact. As suggestion, by understanding the characterization and psychology that exist in this term paper easily the readers can see the theme of this research. They also can get a lesson and moral values from this term paper. This term paper reminds us that depression is subconscious that everybody have it. However, if we cannot control it as well, it will led to death instinct or life instinct depend on each person. Beside that for the student of English Department especially those who are interested in this novel, this novel is analyzed through new perspective, psychoanalysis or other concepts which in this study examined the potential for another concepts such as the concepts of self-punishing and guilty action. Family institution can also be analyzed in this novel through social literature. Since there is no research that use *I Was Here* novel as their analysis, people will be able to use this research as comparison in order to write better analysis from the concept of depression and death instinct. This research is useful to enrich personality psychology since there is only lack sources, which discuss about the depression and death instinct.





## THE REFLECTION OF DEPRESSION AND DEATH INSTINCT ON CHARACTER MEGAN IN GAYLE FORMAN'S *I WAS HERE* NOVEL

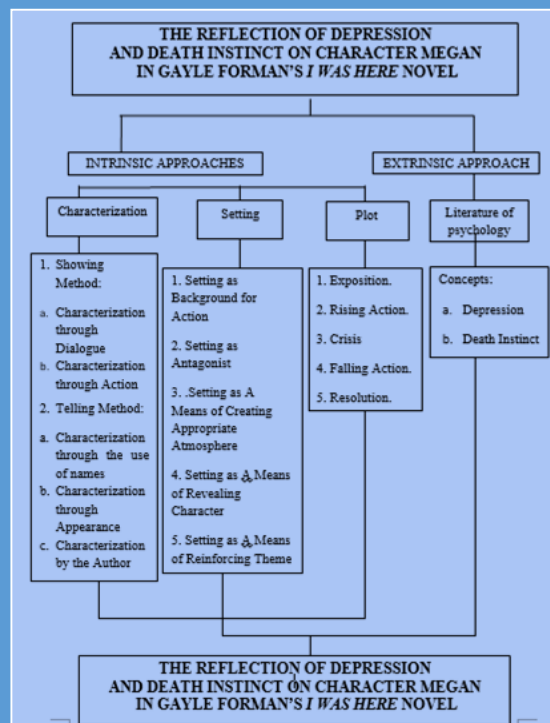
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### BACKGROUND

Megan Luisa Garcia is a girl who commits suicide in her young life because of the depression that she gets from her mother. Therefore, I want to analyze the character of Megan as a reflection of depression and death instinct.

### METHODS OF THE RESEARCH

To analyze this research, I will use qualitative methods. The qualitative method can be used to analyze the literature by using psychological approaches. I use intrinsic such as characterization, plot and setting. Extrinsic is the concepts of depression and death instinct.



### DISCUSSION

This term paper reminds us that depression is subconscious that everybody have it. If we cannot control it as well, it will led to death instinct or life instinct depend on each person. This novel is analyzed through new perspective, psychoanalysis or other concepts which in this study examined the potential for another concepts such as the concepts of self-punishing and guilty action.

### RESULT OF THE RESEARCH

This research can give us something that we can learn in our lives. As suggestion, by understanding the characterization and psychology that exist in this term paper easily the readers can see the theme of this research. This research is useful to enrich personality psychology since there is only lack sources, which discuss about the depression and death instinct.

### SUMMARY

As explained of all methods that I use, it proves the theme of this research which is the reflection of depression and death instinct on character Megan in Gayle Forman *I Was Here* novel.